

What the AARP!

News and Notes from AARP Michigan

An upcoming total solar eclipse, a pill to slow aging and weird cooking and cleaning hacks that really work ... there's no shortage of fascinating stories in this month's newsletter. Happy reading!

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ARCHIVE



Breaking News: A Pill to Slow Aging



Researchers seek to delay aging and prevent diseases. The outlook for success seems promising.

LEARN MORE

Weird Cooking and Cleaning Hacks That Really Work



Explore unique cooking tips that we bet you haven't heard along with some smart cleaning hacks that make life easier.

TRY NOW

Marijuana Use Linked to Health Risks



As older adults embrace cannabis for stress, pain relief and other health issues, research suggests doing so could come with risks.

LEARN MORE

2024 Demystifying Diabetes Series



In April, tune in for a series on diabetes, from preventing the onset of diabetes to managing it once diagnosed. Hear from experts to get your questions answered.

SIGN UP

A Total Solar Eclipse is Coming on April 8



Excited for the solar eclipse? Make the most of it on April 8 and craft an unforgettable journey in the moon's shadow with tips on how to be prepared.

PLAN NOW

How to Outsmart Banking Fraud



The ever-evolving world of banking fraud should have all of us on high alert. In this free event, learn about trending scams and how to guard your money.

REGISTER

Do You Qualify for the Saver's Credit?



Discover a hidden gem! Low to moderate-income workers who contribute to retirement plans enjoy a lesser-known tax break, offering financial relief.

SAVE

The 21 Best Shows Coming Your Way



Looking for something to watch on TV? We've got you covered! Click below for highlights of the new TV season, from beloved sitcoms to juicy miniseries.

TUNE IN

