

# Member Benefits Guide

# 会员福利指南



# Take these 3 steps to get the most out of your membership.

1

Please visit [aarp.org/createaccount](https://aarp.org/createaccount) to log in or register your card.

2

There you can manage your membership account information online, choose newsletters you'd like to receive, and tell us your interests.

3

Download the **AARP Now app** onto your smartphone and get instant access to your card, news, events, and local benefits.



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## AARP TRAVEL

Whether just dreaming or ready to book now, the AARP Travel site gives you the insider's view on great destinations. Discover local hot spots, where to stay, where to eat, what to see, and special offers.

## CAR RENTALS

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### AVIS RENT A CAR

**800-331-1800**

10% to 25% off base rates, plus a free upgrade on compact through full-size car class bookings, discounted Garmin GPS rate, and an additional driver at no cost in the U.S. and Canada.

*Subject to availability.*

### BUDGET RENT A CAR

**800-733-9092**

10% to 25% off base rates, plus a free upgrade on compact through full-size car class bookings, discounted Garmin GPS rate, and an additional driver at no cost in the U.S. and Canada.

*Subject to availability.*

### BUDGET TRUCK RENTAL

**866-470-7374**

20% off Sunday through Thursday and 10% off Friday and Saturday, plus a \$10-per-day Physical Damage Waiver.

*Visit website for full offer details.*

### PAYLESS CAR RENTAL

**800-729-5377**

5% off leisure daily, weekly, weekend, and monthly base rates, plus a free upgrade on compact through full-size car class bookings.

*Subject to availability.*

### ZIPCAR

**866-494-7227**

43% off an annual Zipcar membership, plus \$40 in free driving credit.

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## HOTELS & RESORTS

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### BEST WESTERN

**800-618-2277**

10% off at more than 4,000 hotels worldwide. Plus, you can earn 10% more bonus points per stay by joining Best Western Rewards® for AARP members.

*Subject to availability.*

### CHOICE HOTELS

**877-424-6423**

Up to 10% off the best available rate at more than 5,000 hotels worldwide, including Comfort Inn, Comfort Suites, Quality Inn, Sleep Inn, Econo Lodge, Clarion, and more.

*Subject to availability.*

### HILTON

**855-227-7445**

Up to 10% off the best available rate and late checkout at thousands of hotels worldwide, including Conrad, Curio, DoubleTree by Hilton, Embassy Suites by Hilton, Hampton by Hilton, Hilton Garden Inn, Hilton Grand Vacation, Home2 Suites by Hilton, Homewood Suites by Hilton, and Waldorf Astoria Hotels & Resorts.

*Subject to availability.*

### LA QUINTA INNS & SUITES

**866-448-0016**

Up to 10% off the best available rate at more than 870 La Quinta Inns & Suites locations in the U.S. and Canada.

*Subject to availability.*

### TRIPBEAT, ENDLESS VACATION

**844-367-6433**

25% off at more than 2,400 vacation rental properties in more than 90 countries.

*Subject to availability. Other conditions may apply.*

### WYNDHAM HOTEL GROUP

**800-364-6072**

10% off the best available rate at over 7,800 participating hotels in the U.S., Canada, the United Kingdom, the Caribbean, and Mexico. Properties include Baymont Inn & Suites, Days Inn, Hawthorn Suites by Wyndham, Howard Johnson, Knights Inn, Microtel Inn & Suites, Ramada, Super 8, Travelodge, TRYP by Wyndham, Wingate by Wyndham, and Wyndham Hotels & Resorts.

*Subject to availability.*

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## CRUISES, FLIGHTS, RAIL, TOURS & VACATION PACKAGES

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### AARP® TRAVEL CENTER POWERED BY EXPEDIA®

[expedia-aarp.com](https://expedia-aarp.com)

No booking fees, plus 10% discount at select hotels, 5% to 25% off base rates for Avis, Budget, and Payless car rentals, up to \$100 in extra onboard credits on select cruises, up to \$570 off vacation packages, and more.

### BRITISH AIRWAYS

[ba.com/aarp](https://ba.com/aarp)

\$65 to \$200 off round-trip tickets purchased online to over 100 destinations, including Europe, Asia, the Middle East, and Africa.

*Restrictions apply. Online only.*

### COLLETTE

800-437-0241

\$50 to \$100 off per person on tours and river cruises of seven days or more to all seven continents.

### COLLETTE EXPLORATIONS

800-437-0241

\$50 to \$100 off per person on small-group tours, focusing on cultural immersion.

### COLLETTE SPOTLIGHTS

800-437-0241

\$50 off per person on single-city tours around the world.

### GRAND CANYON RAILWAY

800-THE-TRAIN (843-8724)

15% off train tickets and stand-alone stays at Grand Canyon Railway Hotel.

### GRAND EUROPEAN TRAVEL

866-847-3858

\$100 off per person on guided vacations, including U.S. National Parks and river cruises to Europe and destinations around the world, plus a free gift.

Opportunities for solo travelers include complimentary room share service and no charge for single supplement.

### LIBERTY TRAVEL

866-823-5793

Experienced travel agents help you plan your vacation and offer exclusive discounts, including up to \$100 off per couple, a reduced deposit, and more. Plus, 24/7 sales, support, and emergency assistance.

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## MEDJETASSIST

**866-809-4061**

Up to 18% off MedjetAssist memberships for hospital-of-choice medical transfers when you're more than 150 miles from home.

## NATIONAL PARKS

10% off select lodging and/or gift shops at Yellowstone National Park, Grand Canyon National Park, Death Valley National Park, Zion National Park, Crater Lake National Park, Glacier National Park, Mount Rushmore National Memorial, and Rocky Mountain National Park.

*Discount valid at gift shops owned and operated by Xanterra Parks & Resorts.*

## PARK RIDE FLY USA

**877-503-7275**

12% discount on off-airport parking at more than 100 locations in the U.S. when booked in advance.

## STATE & COUNTY PARKS

Up to 15% off accommodations at Ohio State Park Lodges, plus discounts on breakfast, dinner, and golf.

*Discount valid at gift shops owned and operated by Xanterra Parks & Resorts.*

*Based on eligibility requirements.*

## VACATIONS BY RAIL

**888-323-4200**

5% off worldwide rail vacations, train tours, and select tickets in the U.S. and Canada. Service fees are waived for European rail passes and tickets.

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## **AARP® DENTAL INSURANCE PLAN ADMINISTERED BY DELTA DENTAL INSURANCE COMPANY**

**866-583-2085**

Exclusive access to individual or family coverage for the most common dental procedures.

## **AARP® HEARING CARE PROGRAM PROVIDED BY HEARUSA**

**800-203-7048**

Access to a network of hearing-care providers and savings on hearing aids. Includes an extended warranty, batteries, and follow-up care.

## **AARP® MYVISION CARE PROVIDED THROUGH EYEMED**

**844-243-4584**

Three vision plans designed exclusively for AARP members. Includes diabetic vision exams every six months, plus loss-of-site benefits.

*Plans not available in every state. Please provide your ZIP code when you call or visit the website.*

## **AARP® PRESCRIPTION DISCOUNTS PROVIDED BY OPTUMRX**

**877-422-7718**

Members save an average of 61% on FDA-approved prescriptions not covered by their current insurance. Coverage extends to any dependents, regardless of age. You can use your free Rx discount card at over 66,000 participating retail pharmacies.

*Savings amounts are averages based on information from OptumRx's AARP Prescription Discounts annual analysis of members whose prescription claims were paid between 8/1/14 and 7/31/15. Over 50% of customers showed these savings, but your savings may vary.*

## **AARP® VISION DISCOUNTS PROVIDED BY EYEMED**

**888-352-3924**

Discounts available on eye exams and eyewear at participating LensCrafters, Pearle Vision, Target Optical, Sears Optical, and thousands of independent eye doctors nationwide. Plus, enjoy additional savings on Transitions® lenses, laser vision correction, contact lenses and more.

## **GLASSES.COM**

**800-GLASSES (452-7737)**

25% off purchases of \$200 or more and free basic lenses or 25% off lens upgrades.

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## HEALTH TOOLS

A suite of web-based tools to help you check your medical symptoms, calculate your BMI, make sure you don't mix medications — with the Drug Interaction Checker, and more to help keep your health on track.

## HEARING CENTER

Information, tools, and solutions for living well with hearing loss, plus advice on how to maintain optimal hearing health. Also, members can take an independent and scientifically validated phone-administered hearing test for free every year.

## HEARUSA HEARING SHOP

**855-828-4144**

15% off easy-listening devices, hearing aid batteries, hearing health products, and more.

## STAYING SHARP

Start your brain health journey with our sample assessment and get your free cognitive flexibility score.

## WALGREENS

When you link your AARP membership card to your Balance® Rewards account, you can earn additional Balance® Rewards benefits, including 50 points for every \$1 spent on Walgreens-brand health and wellness products, and 1,000 points for vaccinations.

*Vaccines subject to availability. State, age, and health-related restrictions may apply. Offer not valid in AR, NJ, or NY.*



## MEDICARE ELIGIBLE

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### **AARP® MEDICARE SUPPLEMENT INSURANCE PLANS INSURED BY UNITEDHEALTHCARE INSURANCE CO.**

**866-739-6497**

Supplemental coverage for those enrolled in Medicare Parts A and B. Insured by UnitedHealthcare Insurance Company.

### **AARP® MEDICARE COMPLETE INSURED THROUGH UNITEDHEALTHCARE (MEDICARE ADVANTAGE)**

**877-485-5471**

Medicare health plans, available with prescription drug coverage from UnitedHealthcare.

*Medicare plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies. For Medicare Advantage and Prescription Drug Plans: A Medicare Advantage organization with a Medicare contract and a Medicare-approved Part D sponsor. Enrollment in the plan depends on the plan's contract renewal with Medicare. You do not need to be an AARP member to enroll. AARP encourages you to consider your needs when selecting products and does not make specific product recommendations for individuals.*

### **AARP® MEDICARE REX PLANS INSURED THROUGH UNITEDHEALTHCARE (MEDICARE PART D)**

**866-691-8180**

Medicare prescription drug coverage insured through UnitedHealthcare.

*Medicare plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies. For Medicare Advantage and Prescription Drug Plans: A Medicare Advantage organization with a Medicare contract and a Medicare-approved Part D sponsor. Enrollment in the plan depends on the plan's contract renewal with Medicare. You do not need to be an AARP member to enroll. AARP encourages you to consider your needs when selecting products and does not make specific product recommendations for individuals.*



## **CIRQUE DU SOLEIL®**

20% off select shows in Las Vegas and other cities and 15% off select tickets for Arena and Under the Big Top touring shows.

*Subject to availability. Other conditions may apply.*

## **MOVIES FOR GROWNUPS AND TV FOR GROWNUPS**

The latest movie and TV show reviews, exclusive celebrity interviews, news, articles, quizzes, and more. Plus, free movie screenings for members in select cities every month.

## **REGAL ENTERTAINMENT GROUP**

You pay \$9.50 for Regal ePremiere Tickets purchased online. Tickets are valid at all Regal Entertainment Group theatres nationwide. Plus, you can save \$3 on any size popcorn and soft drink combo when you show your AARP membership card and your Regal Crown Club card.

*Certain exclusions and restrictions apply.*

## **TICKETMASTER | LIVE NATION**

Savings on tickets to select shows and events.

*Restrictions apply.*

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### **BONEFISH GRILL**

10% off your check every day.

### **CARRABBA'S ITALIAN GRILL**

10% off your check every day.

### **DENNY'S**

15% off your check all day, every day at participating locations.

### **DUNKIN' DONUTS**

Free donut with the purchase of a large or extra-large beverage at participating locations.

*Limit 1 free donut per transaction with valid AARP membership card. Plus applicable taxes. Excludes cooler beverages. Excludes croissant donuts, squares, and fancies. Other conditions may apply.*

### **LANDRY'S, INC., RESTAURANTS**

10% off food and nonalcoholic beverages at Landry's restaurants, including Bubba Gump Shrimp Co.,<sup>®</sup> Chart House,<sup>®</sup> Claim Jumper Restaurant & Saloon, Landry's Seafood, The Oceanaire Seafood Room, Saltgrass Steak House,<sup>®</sup> and more.

*Restrictions apply.*

### **MCCORMICK & SCHMICK'S**

10% off food and nonalcoholic beverages at the McCormick family of restaurants, including McCormick's Fish House & Bar, McCormick & Schmick's Seafood and Steaks, McCormick & Kuleto's Seafood, and more.

*Restrictions apply.*

### **OUTBACK STEAKHOUSE**

10% off your check every day.

### **SWEETFROG PREMIUM FROZEN YOGURT**

15% off in-store purchases of frozen yogurt, treats, and apparel and 15% off gift cards purchased online.



## CLOTHING & ACCESSORIES

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### TANGER OUTLETS

Free coupon book with up to \$1,000 in savings from top brand names and designer outlet stores when you show your AARP membership card at Tanger Shopper Services.

## GROCERIES

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### GROCERY COUPON CENTER POWERED BY COUPONS.COM

Online access to hundreds of free printable coupons from leading brands.

### SCHWAN'S HOME SERVICE

\$20 off your first new customer order of \$50 or more, and you get double Schwan's Rewards™ points on all online orders thereafter.

### SILVER CUISINE™ FROM BISTROMD

10% off doctor-designed, chef-prepared meals for specialty diets, including gluten-free, heart-healthy, low-sodium, and diabetic offerings. Free shipping on your first order.

## TECHNOLOGY

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### AT&T

10% off the monthly service charge of qualified wireless plans and 15% off select accessories.

### CONSUMER CELLULAR

5% off monthly service and usage charges and 30% off select accessories. Plans start at \$15 per month, require no contract, and include free activation.

### CRICKET WIRELESS

\$20 off purchases of wireless devices with mail-in rebate.

*Some conditions and restrictions apply.*



## FLOWERS & GIFTS

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### 1-800-BASKETS.COM®

20% off purchases.

*Certain exclusions and restrictions apply.*

### 1-800-FLOWERS.COM®

20% off online purchases.

*Certain exclusions and restrictions apply.*

### CHERYL'S®

20% off purchases of cookies, desserts, and more.

*Certain exclusions and restrictions apply.*

### FRUIT BOUQUETS BY 1-800-FLOWERS.COM®

20% off purchases.

*Certain exclusions and restrictions apply.*

### HARRY AND DAVID

20% off online purchases of gift baskets, chocolates and baked goods, food and wine, and more.

*Certain exclusions and restrictions apply.*

### PERSONALIZATION UNIVERSE

20% off purchases of customized products, including iPhone cases, mugs, T-shirts, wall art, and more.

*Certain exclusions and restrictions apply.*

### STOCK YARDS

20% off purchases of steaks, seafood, poultry, burgers, and more.

*Certain exclusions and restrictions apply.*

### THE GIFT CARD SHOP™

Savings on printable and digital greeting cards and digital photobooks. Free digital greeting card when you purchase a gift card.

### THE POPCORN FACTORY®

20% off purchases.

*Certain exclusions and restrictions apply.*

### WOLFERMAN'S

20% off purchases of breads, baked goods, desserts, and more.

*Certain exclusions and restrictions apply.*

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## LIFE INSURANCE

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### **AARP LIFE INSURANCE PROGRAM FROM NEW YORK LIFE** **800-779-2086**

You can apply for up to \$100,000 in life insurance to help protect your family and receive free life insurance information.

## PROPERTY INSURANCE

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### **AARP® HOMEOWNERS INSURANCE PROGRAM FROM THE HARTFORD** **800-909-5191**

Coverage available for those who own a house or condo or who rent. Added savings if you bundle your home and auto policies.

### **AARP® MOBILE HOME INSURANCE PROGRAM FROM FOREMOST** **800-752-2461 code K082**

Specialized protection designed for nearly every type of mobile and manufactured home. Offers lifetime renewal and 24/7 claim service.

### **AARP® PROPERTY AND CASUALTY INSURANCE PROGRAM FROM REAL LEGACY ASSURANCE COMPANY, INC.** **800-981-7855 (P.R.) | 800-483-0881 (U.S.V.I.)**

Insurance coverage at discounted rates for members in Puerto Rico and the U.S. Virgin Islands.

## VEHICLE INSURANCE

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### **AARP® AUTO INSURANCE PROGRAM FROM THE HARTFORD** **888-277-6436**

Savings and benefits designed to reward members for being safer, more experienced drivers. No-cost, no-obligation quotes are available.

### **AARP® MASSACHUSETTS AUTO AND HOME INSURANCE PROGRAM FROM PLYMOUTH ROCK AND BUNKER HILL** **855-475-9762**

Members in Massachusetts can enjoy savings and benefits on auto and home insurance from Plymouth Rock and Bunker Hill.

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## **AARP® MOTORCYCLE INSURANCE PROGRAM FROM FOREMOST**

**800-752-2461 code K083**

Offers discounts and coverage for your bike, optional equipment, and safety apparel, plus towing and roadside assistance just for motorcycles.

## **RECREATION VEHICLE AND WATERCRAFT INSURANCE PROGRAM FROM THE HARTFORD**

**800-555-2510**

Protection available for motor homes, collector vehicles, boats, and personal watercraft. Collector car and watercraft insurance programs are underwritten by the subsidiaries of American Modern Insurance Group.



## **AARP® COLLEGE SAVINGS SOLUTIONS FROM TIAA**

**866-717-9452**

Advice on saving for a child's education and information about potential tax advantages.

## **AARP® CREDIT CARD FROM CHASE**

**aarpcreditcard.com**

Members earn 3% cash back on restaurant and gas station purchases and 1% cash back on all other purchases. The only credit card endorsed by AARP.

## **AARP FINANCIAL PUBLICATIONS**

**888-687-2277**

Free publications on topics including Social Security, managing and protecting assets, and more. Many publications are also available in Spanish.

## **AARP FOUNDATION TAX-AIDE**

Through the help of volunteers, low- to moderate-income taxpayers can get free help with tax preparation and filing. This is the largest free, volunteer-run tax preparation and assistance in the nation.

## **AARP® IDENTITY THEFT PROTECTION FROM TRUSTEDID,<sup>®</sup> AN EQUIFAX® COMPANY**

**800-686-8300**

You can help take better control of your personal and financial information with custom identity protection features, Equifax 3-Bureau Credit Monitoring, and more.

## **AARP® INVESTMENT SERVICES FROM TD AMERITRADE**

**800-645-7830**

Personalized guidance, education, and investing resources to help you make confident investment decisions. Exclusive benefits for AARP members.<sup>1</sup>

## **AARP LIFETIME INCOME PROGRAM FROM NEW YORK LIFE INSURANCE AND ANNUITY CORPORATION**

**800-309-6832**

Simple annuities that turn part of your savings into an income stream for life. You can request a free information kit and personalized income quote.

## **AMERICAN BANK CHECKS**

**855-324-3362**

20% off all personal checks, business checks and tax forms, and accessories such as checkbook covers, binders, address stamps, and organizers.

<sup>1</sup>For complete information on terms and conditions, please visit <http://tdameritrade.com/aarp>.



## FINANCES 50+<sup>SM</sup>

AARP Foundation and Charles Schwab Foundation have teamed up to offer a simple, free three-part program that covers budgeting and goal setting, developing a savings plan and protecting assets, and taking charge of credit and debt. Each 90-minute interactive classroom session is designed to help participants build habits that can improve their financial situation.

## FRAUD WATCH NETWORK

Tips to spot and avoid scams like identity theft, investment fraud, and holiday scams as well as ongoing updates from resources like Watchdog Alerts and a scam-tracking map that provides real-time alerts from law enforcement in your state.

## MONEY TOOLS

A suite of web-based tools to help you maximize your Social Security benefits, track health care costs, figure out when your mortgage will be paid off, plan for retirement, and more.

## RETIREMENT RESOURCES

Whether you want to travel the world, continue to work, or spend more time with your family, you'll find tools and expert resources to help you plot your course and get moving toward the retirement you want.

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## ANCESTRY

30% off the first year of a World Explorer subscription.

## HOUSING & MOBILITY RESOURCES

Resources to help you live independently in your home and community as you age. Subjects range from design — making homes beautiful, safe, and comfortable — to the best means of travel, whether it be walking, biking, or taking public transportation.

## HOUSING SOLUTIONS CENTER

**855-850-2525**

AARP Foundation's Housing Solutions Center connects at-risk homeowners 50-plus to free HUD-certified counseling, resources, and education that help them avoid foreclosure and remain in their homes. You can take action today by speaking with a HUD-certified counselor or learn more by accessing our online foreclosure-prevention presentation and podcasts.

## LIVEMATCH HOME SECURITY

\$2 off the monthly monitoring rate of a DIY system with no long-term contract, plus free shipping, free activation, and free lifetime warranty.

## MONI SMART SECURITY

**844-897-0323**

Free equipment, activation, and professional installation, plus \$5 off monthly monitoring.

## PETPLAN PET INSURANCE

**800-239-6870**

10% off premiums when you sign up online, plus a Visa® Prepaid Card (up to \$35) to help cover wellness expenses. Plans are accepted at every veterinarian in the U.S. and Canada.

*5% partner discount, 5% online discount. Subject to state approvals. Discount is capped at 5% if you enroll over the phone. Discounts are not available in FL, HI, and TN. This Visa® Prepaid Card is issued by MetaBank®, Member FDIC, pursuant to a license from Visa U.S.A. Inc. Prepaid card offer is not available in FL, ND, and WA. Offer subject to change, subject to state approvals, and may not be available in all states. Not valid with any other offer.*

## RECIPE DATABASE

Healthy and delicious recipes for every occasion — from breakfast recipes to easy lunch and dinner ideas to healthy dessert recipes.

## THE UPS STORE®

5% off domestic and international UPS shipping, plus 15% off eligible products and services.

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## AARP AUTO

The go-to resource for all your auto needs — stress-free car search, safe driving, maintenance and repairs, and more. Find all the help and information you need, plus access to recall look-up and safety ratings tools and discounts.

## AARP AUTO BUYING PROGRAM

Find the car you want with the safety features you need and get upfront dealer pricing information on new and used cars. On average, users have saved thousands off the MSRP on new car purchases.

## AARP DRIVER SAFETY

The AARP Smart Driver™ course can help you stay safe behind the wheel and may even help you save on auto insurance and maintenance costs. Members can take the course at a discounted rate, in a classroom or online.

## AARP® ROADSIDE ASSISTANCE FROM ALLSTATE

Up to \$20 off first-year roadside assistance membership fees. Four plans to choose from with services including 24-hour emergency protection, towing, jump-start, battery boost, flat-tire change, and fuel delivery.

## CARFIT EDUCATIONAL PROGRAM

Learn how to adjust your fit within your personal vehicle for maximum safety and comfort.

## DRIVING RESOURCE CENTER

The Driving Resource Center offers free interactive tools and activities, including driving simulations, state-specific rules of the road, and new car technologies.

## WE NEED TO TALK

Family and friends of older drivers can take a free seminar filled with information and guidance to help initiate productive, caring conversations about driver safety.

## CAREGIVING



## AARP FAMILY CAREGIVING

**877-333-5885**

Whether you're a new or continuing caregiver, you'll find help to manage your journey with practical tips, real-world support, and access to resources to help you and your loved one.



## **AARP® SMALL BUSINESS INSURANCE PROGRAM FROM THE HARTFORD**

**855-899-4889**

Tailored business-insurance solutions for property and general liability, workers' compensation, and business auto that give you the right amount of protection for your business. No-obligation coverage checkup and quotes are available.

## **BACK TO WORK 50+**

Back to Work 50+ connects struggling Americans 50+ with the information, support, training, and employer access they need to regain employment, advance in the workforce, and build financial capability and resiliency to prevent them from slipping into poverty later in life.

## **JOB BOARD**

This job search tool focuses on workers 50+ and helps you look for job openings that match your interests. You can also search for jobs with employers who are committed to a multigenerational workforce.

## **JOB RESOURCES**

Wherever you are in your work life — looking for a new job, thinking about a second act, or wanting to learn a new skill — AARP Work & Jobs is your go-to resource. Learn new ways to interview, write a résumé, or search for what's next.

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## AARP.ORG

Access to programs and services, useful tools and resources, and news and information on health & wellness, finances, work & jobs, retirement, and more at [aarp.org](https://aarp.org) or in Spanish at [aarp.org/espanol](https://aarp.org/espanol).

## AARP BOOKSTORE

E-books, print books, and free downloads on your favorite topics. Plus, members save 40% on select popular titles, including AARP tech guides.

## AARP BULLETIN

Timely insights and in-depth analysis important to Americans 50-plus on topics including health, Medicare, Social Security, finances, and consumer protection.

## AARP NOW APP

Download our free app for easy access to daily news, information on nearby events, and benefits, anytime, right at your fingertips. Available for iOS and Android devices.

## AARP THE MAGAZINE

The definitive lifestyle publication for AARP's millions of members, it offers celebrity interviews, features on health and tech, plus tips, recipes, book and movie reviews, and more.

## REWARDS FOR GOOD

Learn, earn, play, and save! Sign up for free to earn rewards points toward savings on gift cards and more, just by completing fun and enriching activities at [aarp.org](https://aarp.org). Best of all, members earn 50% more points!

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## **AARP STATE OFFICES**

With staffed offices in every state, we engage members, volunteers, the media, policymakers, and opinion leaders in carrying out our advocacy, education, and service efforts.

## **GOVERNMENT ADVOCACY**

A trusted advocate for you in Washington, D.C. — and your local community. Together, we make our voices heard and create positive social change on national and state issues such as Social Security, Medicare, high utility rates, and more.

## **LEGAL ADVOCACY**

AARP Foundation Litigation defends and supports the rights of older Americans through the legal system, fighting consumer fraud and discrimination in health care, employment, housing, and much more.

## **VOTER ENGAGEMENT**

You deserve to know where candidates stand before you cast your vote. We have a proud history of nonpartisan voter engagement to provide you with the candidates' positions on issues important to you and your family, so you can choose who best represents your views and values.

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## EVENTS

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### AARP IN YOUR CITY

Your guide to fun and interesting things to do near you, including great programs, activities, local services, discounts, and more.

### LEARN@50+<sup>SM</sup>

Your source for interactive workshops, webinars, events, and life skills for people over 50.

### LOCAL AARP CHAPTERS

Join a chapter in your area and help improve your community with your experience, talent, and compassion. Chapters are open to all local members and are nongovernmental, nonpartisan, and nonprofit.

## VOLUNTEERING

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### AARP FOUNDATION

AARP Foundation, AARP's charitable affiliate, works to ensure that low-income older adults have nutritious food, affordable housing, a steady income, and strong and sustaining social bonds. The Foundation collaborates with individuals and organizations who share a commitment to innovation and a passion for problem-solving. Supporting its efforts with vigorous legal advocacy, the Foundation creates and advances effective solutions that help struggling older adults secure the essentials. The programs and services of AARP Foundation require funding beyond your membership dues. Through the generosity of members, we are able to help vulnerable seniors recover their confidence, regain a foothold, and transform their lives.

### AARP FOUNDATION EXPERIENCE CORPS

Experience Corps is a proven program made up of volunteers 50 and older who help struggling students become great readers before they finish the third grade. Volunteer opportunities are available in cities across the U.S.

### CREATE THE GOOD

Find local volunteer opportunities based on your interests. Whether you have five minutes or five hours, find the good that fits you and your community.

### DRIVE TO END HUNGER

Through Drive to End Hunger, AARP Foundation is helping put an end to hunger for over 10 million Americans over age 50 who don't have enough to eat by raising awareness about the issue of hunger, donating millions of meals to food banks, building philanthropic support, and developing long-term, sustainable solutions.

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*Need to get in touch with AARP? Want to update your contact information? How about adding a spouse to your membership account? Whatever you're looking for, we're here to help. For faster service, please write your AARP membership number on all correspondence and have it available when calling AARP.*

## CHANGE OF ADDRESS

Please let us know six weeks in advance if you intend to move. There are a few easy ways you can inform us of any upcoming address changes.

By mail: If possible, please include your mailing label from AARP The Magazine or AARP Bulletin with your change-of-address correspondence to the address at the bottom of this page.

Post office: A change-of-address form is available from your local post office. It's an easy way to notify us and others. Or you can submit your address changes to the USPS at [moversguide.usps.com](https://moversguide.usps.com).

Online: You can also update your address and account information anytime when you visit [aarp.org/membership](https://aarp.org/membership).

## MEMBERSHIP INQUIRIES

Questions about your membership? Need to replace a lost membership card? Not receiving your magazine? Please contact us by mail, phone, or email using the contact information below.

## MEMBERSHIP RENEWAL

AARP will send you renewal notices before your membership expires. Renewing prior to your membership expiration ensures that everything will continue uninterrupted. For your convenience, you are now able to renew your membership online.

## CONTACT US

**888-687-2277**

**For TTY, dial 711 and ask for 877-434-7598 (toll-free call)**

**AARP**

**3200 East Carlson Street**

**Lakewood, CA 90712**

**[member@aarp.org](mailto:member@aarp.org)**

Our privacy policy is included in this guide. But for more detailed information about our privacy practices, please visit [aarp.org/privacy](https://aarp.org/privacy). To exercise your choices or ask questions about your membership, please contact us by mail, phone, or email.

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*AARP is committed to maintaining your trust by respecting and protecting your privacy. This Privacy Notice highlights how we collect, use, share, and protect personal data and the choices you have to limit how we share your personal data and communicate with you. Please visit [www.aarp.org/privacy](https://www.aarp.org/privacy) to review our full Privacy Policy, which contains additional details.*

## **DATA COLLECTION & USE**

We collect and use personal data from or about you to help us support our nonprofit mission and serve our membership, including to communicate with you through various channels, deliver the information, programs, and products/services you request, and evaluate the effectiveness of our programs and membership offerings. When you apply for membership, we initially collect basic personal data from you such as your name, contact information, and date of birth. Throughout your membership we collect additional personal data, such as information about your participation in AARP activities and member services. We collect this data through your interactions with us offline and through our websites and applications. We may also collect data about you from other sources.

## **DATA SHARING**

Except as highlighted below, we do not share your personal data with unaffiliated entities (entities that are not owned or controlled by AARP) without your consent. We do share personal data with companies we have selected to provide AARP-branded products or services and/or discounts to AARP members. Some of these providers pay a fee for the right to use our brand and to access our membership list and related data. These fees are used to support our nonprofit mission. These providers are contractually required to treat the personal data AARP provides as confidential, and to use the personal data only to offer, provide, maintain, and analyze the contracted products, services, or discounts to AARP members. Some of these providers may collect personal data about our members through their own interactions with such members and may share some or all of this data with AARP to help us provide more effective and personalized service. These providers' data-collection and sharing practices are governed by their own privacy policies. We also occasionally share personal data with select, unaffiliated nonprofit organizations for use in their own social missions. We also share personal data with vendors and social media networks we hire to provide services or perform business functions on our behalf, but these vendors are contractually obligated to use such personal data only to provide the services AARP has requested they perform on our behalf. Finally, we may share personal data pursuant to legal requirements as necessary to protect ourselves, our members or others, or in connection with a business transfer or substantial transaction such as a sale, merger, consolidation, or bankruptcy.



## DATA PROTECTION

We use administrative, technical, and physical security measures designed to protect personal data against accidental, unlawful, or unauthorized destruction, loss, alteration, access, disclosure, or use.

## YOUR CHOICES

We strive to provide you reasonable choices regarding our collection, use, and sharing of your personal data. We provide you access to review and correct your personal data, provide you options regarding how we share personal data with the providers of AARP-branded products or services and/or discounts and unaffiliated nonprofit organizations, and provide you control over how we communicate with you, among other choices.

You may contact us at any time regarding these choices as follows:

**Email us at**      [member@aarp.org](mailto:member@aarp.org)

**Use our  
online form:**      <http://www.aarp.org/about-aarp/aarp-privacy-policy-opt-out/>

**Call us at**      888-OUR-AARP (888-687-2277)

**Write to us at**      AARP Membership Center  
3200 East Carson Street  
Lakewood, CA 90712

Please visit [www.aarp.org/privacy](https://www.aarp.org/privacy) to review our full Privacy Policy, which contains additional details.

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Real Possibilities

3200 E. Carson St.,  
Lakewood, CA 90712

# 会员福利指南



# 只需三步，充分利用您的会员资格。

1

请访问[aarp.org/createaccount](https://aarp.org/createaccount)登录或注册您的会员卡。

















2

您可在线管理您的会员账户信息，选择您希望接收的时事资讯，并告诉我们您的兴趣爱好。

3

在您的智能手机上下载 **AARP Now** 应用程序，即刻了解您的会员卡、新闻资讯、活动和当地福利。



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## AARP 旅行

无论您一直梦想旅行还是打算立即预定，AARP 旅行网站为您提供众多绝佳旅游目的地权威意见。探索当地热点、酒店住宿、餐饮、景点推介以及特价优惠。

## 租车

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### AVIS 租车

800-331-1800

基础费率可享受 10%-25% 的折扣，并享受预定租车等级时从紧凑型车免费升级为全尺寸轿车和 Garmin GPS 费用折扣，以及在美国和加拿大境内的免费代驾。售完即止。

### BUDGET 租车

800-733-9092

基础费率可享受 10%-25% 的折扣，并享受预定租车等级时从紧凑型免费升级为全尺寸轿车和 Garmin GPS 费用折扣，以及在美国和加拿大境内的免费代驾。售完即止。

### BUDGET 租车

866-470-7374

周日至周四可享受 20% 的折扣，周五至周六可享受 10% 的折扣，以及每天 10 美元的物理损坏责任豁免。

*访问网站了解全部详情。*

### PAYLESS 租车

800-729-5377

每日、每周、周末和每月的空闲时段可享受 5% 的折扣，并享受预定租车等级时从紧凑型免费升级为全尺寸轿车。

*售完即止。*

### ZIPCAR 租车

866-494-7227

Zipcar 会员年费可享受 43% 的折扣，此外可免费获得价值 40 美元的驾驶积分。



## 酒店与度假村

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### BEST WESTERN 酒店

800-618-2277

在遍布全球的 4000 多家酒店内可享受 10% 的折扣。此外，加入 Best Western Rewards® 计划，AARP 会员在每次入住后可享受 10% 以上的奖励积分。

售完即止。

### CHOICE HOTELS 酒店

877-424-6423

在遍布全球的 5000 多家酒店内，在最优惠房价基础上享受最高 10% 的折扣，其中包括 Comfort Inn、Comfort Suites、Quality Inn、Sleep Inn、Econo Lodge 和 Clarion 等。

售完即止。

### HILTON 酒店

855-227-7445

在遍布全球的几千家酒店内，其中包括 Conrad、Curio、DoubleTree by Hilton、Embassy Suites by Hilton、Hampton by Hilton、Hilton Garden Inn、Hilton Grand Vacation、Home2 Suites by Hilton、Homewood Suites by Hilton 和 Waldorf Astoria Hotels & Resorts，在最优惠房价基础上享受最高 10% 的折扣以及延迟退房待遇。

售完即止。

### LA QUINTA INNS & SUITES

866-448-0016

在美国和加拿大境内 870 多家 La Quinta Inns & Suites 酒店内，在最优惠房价基础上享受最高 10% 的折扣。

售完即止。

### TRIPBEAT, ENDLESS VACATION

844-367-6433

在 90 多个国家的 2400 多家度假租赁酒店内可享受 25% 的折扣。

售完即止。其他条件可能适用。

### WYNDHAM 酒店集团

800-364-6072

在美国、加拿大、英国、加勒比海地区和墨西哥境内的 7800 多家合作酒店内可享受在最优惠房价基础上享受 10% 的折扣。旗下酒店包括 Baymont Inn & Suites、Days Inn、Hawthorn Suites by Wyndham、Howard Johnson、Knights Inn、Microtel Inn & Suites、Ramada、Super 8、Travelodge、TRYP by Wyndham、Wingate by Wyndham 和 Wyndham Hotels & Resorts。

售完即止。

## 邮轮、飞机、铁路、旅行和度假套餐

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### EXPEDIA® 为 AARP® 旅游中心提供技术支持

[expedia-aarp.com](http://expedia-aarp.com)

免预定费，精选酒店享受 10% 的折扣，Avis、Budget 和 Payless 汽车租赁享受 5%-25% 的折扣，精选邮轮享受最高 100 美元的登船积分，以及最高 570 美元的度假套餐优惠等。

### 英国航空公司

[ba.com/aarp](http://ba.com/aarp)

在线购买100多个目的地（包括欧洲、亚洲、中东和非洲）的往返机票可享受 65 美元至 200 美元的优惠。

有条件限制使用。仅限在线购买。

### COLLETTE

800-437-0241

购买直达全球七大洲的七日及以上精品旅游和内河游轮套餐，每人可享受 50 美元至 100 美元的优惠。

### COLLETTE EXPLORATIONS

800-437-0241

购买文化体验小团游，每人可享受 50 美元至 100 美元的优惠。

### COLLETTE SPOTLIGHTS

800-437-0241

购买世界各地单个城市深度游，每人可享受50美元的优惠。

### GRAND CANYON RAILWAY

800-THE-TRAIN (843-8724)

购买火车票和单独入住大峡谷铁路酒店可享受 15% 的优惠。

### GRAND EUROPEAN TRAVEL

866-847-3858

购买配导游度假旅行，每人可享受 100 美元的优惠，其中包括美国 国家公园、欧洲及世界各地内河巡游，并提供免费赠品。独自旅行者还可享受免费客房共享服务，以及免交单间附加费。

## LIBERTY TRAVEL (自由行)

866-823-5793

经验丰富的旅行社帮您规划度假旅行并提供专属优惠，其中包括每对夫妇可享受最高 100 美元的折扣以及减少定金等。此外，还提供全天候（24/7）销售、支持和紧急救援服务。

## MEDJETASSIST

866-809-4061

当您离家超过 150 英里时，MedjetAssist 会员自选医院医护转移最高可享受 18% 的折扣。

## 国家公园

在黄石国家公园、大峡谷国家公园、死亡谷国家公园、锡安国家公园、火山口湖国家公园、国家冰川公园、拉什莫尔山国家纪念公园和落基山国家公园内的精选度假屋和/或礼品店内可享受 10% 的折扣。

*此折扣适用于 Xanterra 公园 & 度假村拥有经营的礼品店。*

## 泊车换乘飞越美国

877-503-7275

提前预定的情况下，在美国境内的100多个地点进行机场外泊车时可享受 12% 的折扣。

## 州县公园

入住 俄亥俄州州立旅馆可享受高达 15% 的折扣，外加早餐、晚餐和高尔夫折扣。

*此折扣适用于 Xanterra 公园 & 度假村拥有经营的礼品店。*

*有资格条件限制。*

## 乘火车度假

888-323-4200

世界各地的铁路旅行和火车观光旅行以及美国和加拿大境内的精选购票可享受 5% 的折扣。购买欧洲火车通票和火车票免收服务费。



## 由 DELTA 牙科保险公司运营管理的 AARP® 牙科保险计划

866-583-2085

专享最常见牙科手术的个人险或家庭险。

## 由 HEARUSA 提供的 AARP® 听力护理计划

800-203-7048

访问听力护理供应商网络以及节省助听器费用。其中包括延保、电池和随访护理。

## 由 EYEMED 提供的 AARP® MYVISION 视力护理

844-243-4584

专为 AARP 会员定制打造的三项视力护理计划。其中包括每半年一次的糖尿病患者视力检查以及失明者福利。

该计划并未在所有州推行。在您打电话或访问网站时请提供您的邮政编码。

## 由 OPTUMRX 提供的 AARP® 处方药折扣

877-422-7718

AARP 会员在购买其现行保险未涵盖的 FDA 核准处方药时平均可节省约61%。保险范围可延伸至任何被赡养人，无论其年龄大小。您可在 66000 多家合作零售药店内免费使用处方药折扣卡。

节省金额是根据 OptumRx 对会员 2014 年 8 月 1 日至 2015 年 7 月 31 日期间获得处方药补助进行的 AARP 处方药折扣年度分析得出的平均值。超过 50% 的客户都达到此节省金额，但您的节省金额可能有所不同。

## 由 EYEMED 提供的 AARP® 视力护理折扣

888-352-3924

在合作服务商 LensCrafters、Pearle Vision、Target Optical 和 Sears Optical 以及遍布全国的数千家私人眼科医生门诊内可享受视力检查和配镜的折扣。此外，Transitions® 镜片、激光视力矫正和隐形眼镜等还可享受额外优惠。

## GLASSES.COM

800-GLASSES (452-7737)

消费 200 美元及以上可享受25%的折扣，基础镜片免费或镜片升级时享受25%的折扣。

## 健康工具

您可使用一系列网络工具检查自己的医疗症状和计算体质指数，并可借助药物交互式检查器确保正确药物搭配，以及帮您确保身体健康的其他工具。



## 听力中心

了解帮助听力衰退者实现美好生活的资讯、工具和解决方案，以及如何保持最佳听力健康的建议。此外，AARP 会员还可每年免费获得一次通过电话进行的独立、经科学验证的听力测试。

## HEARUSA HEARING SHOP

855-828-4144

在购买助听装置、助听器电池和听力保健品等时可享受 15% 的折扣。

## 保持敏锐思维

通过样本评估开启您的益智健脑之旅，并可免费获得您的认知灵活性评分。

## WALGREENS

当您 AARP 会员卡与 Balance® Rewards 账户连接时，您可获得额外的 Balance® Rewards 福利，其中包括在 Walgreens 品牌健康和保健品上每消费 1 美元即可获得 50 个积分，以及疫苗接种获得 1000 个积分。

疫苗售完即止。可能适用所在州、年龄以及健康状况的限制条件。不适用于阿肯色州、新泽西州和纽约州。



## 医保资格

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### 由 UNITEDHEALTHCARE 保险公司承保的AARP® 医保补充 保险计划

866-739-6497

医保 A 和 B 部分参保人补充保险范围。由 UnitedHealthcare 保险公司承保。

### 由 UNITEDHEALTHCARE 承保的 AARP® MEDICARECOMPLETE (MEDICARE ADVANTAGE)

877-485-5471

医保健康计划，包含由 UnitedHealthcare 承保的处方药。

医保计划由 UnitedHealthcare 保险公司或其附属公司承保。对于 Medicare Advantage 和处方药计划：一家持有医保合约的 Medicare Advantage 机构以及一家由医保核准的 D 部分的赞助商。参保计划取决于该计划的医保续约情况。非 AARP 会员也可参保。AARP 鼓励您根据自己的需求选择参保产品，并且不对个人推荐特定产品。

### 由 UNITEDHEALTHCARE 承保的 AARP® MEDICARERX 计划 (MEDICARE D 部分)

866-691-8180

由 UnitedHealthcare 承保的医保处方药范围。

医保计划由 UnitedHealthcare 保险公司或其附属公司承保。对于 Medicare Advantage 和处方药计划：一家持有医保合约的 Medicare Advantage 机构以及一家由医保核准的 D 部分的赞助商。参保计划取决于该计划的医保续约情况。非 AARP 会员也可参保。AARP 鼓励您根据自己的需求选择参保产品，并且不对个人推荐特定产品。



## CIRQUE DU SOLEIL®

拉斯维加斯和其他城市的精选演出可享受 20% 的折扣，Arena 和 Under the Big Top 巡演的指定门票可享受 15% 的折扣。

*售完即止。其他条件可能适用。*

## 成人电影电视节目

最新的电影电视节目点评、独家名人访谈、新闻、文章、知识竞赛等。此外，每月在指定城市免费播放电影。

## 帝王娱乐集团

在线购买 Regal ePremiere 门票仅需 9.50 美元。门票适用于全国各大帝王娱乐集团剧院。此外，您只需出示 AARP 会员卡和 Regal Crown 俱乐部会员卡，即可在购买各种大小的爆米花和软饮时节省3美元。

*某些除外条款和限制条件适用。*

## TICKETMASTER | LIVE NATION

购买指定演出和活动门票可享受优惠票价。

*有条件限制使用。*



## **BONEFISH 烧烤店**

每日账单可享受 10% 的折扣。

## **CARRABBA'S 意大利烧烤店**

每日账单可享受 10% 的折扣。

## **DENNY'S**

在参与活动的门店消费，每日账单可享受 10% 的折扣。

## **DUNKIN' 甜甜圈**

在参与活动的门店购买大杯或超大杯饮料可免费赠送甜甜圈。

每笔交易仅限 1 个免费甜甜圈，须持有有效的 AARP 会员卡。外加适用税金。不包括冷饮。不包括牛角包甜甜圈、方块糕点和花式产品。其他条件可能适用。

## **LANDRY'S, 公司, 餐饮**

在 Landry's 旗下餐厅，其中包括 Bubba Gump Shrimp Co.,<sup>®</sup> Chart House,<sup>®</sup> Claim Jumper Restaurant & Saloon、Landry's Seafood、The Oceanaire Seafood Room、Saltgrass Steak House,<sup>®</sup> 等，购买食物和非酒精软饮料可享受 10% 的折扣。

有条件限制使用。

## **MCCORMICK & SCHMICK'S**

在 McCormick 旗下餐厅，其中包括 McCormick's Fish House & Bar、McCormick & Schmick's Seafood and Steaks 和 McCormick & Kuleto's Seafood 等，购买食物和非酒精软饮料可享受 10% 的折扣。

有条件限制使用。

## **OUTBACK 牛排店**

每日账单可享受 10% 的折扣。

## **SWEETFROG PREMIUM FROZEN YOGURT**

在店内购买冷冻酸奶、甜品和服装可享受 15% 的折扣，在线购买礼品卡可享受 15% 的折扣。





## 服装与配饰

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### 丹吉尔购物中心

在 Tanger Shopper Services 的顶级品牌店和专卖店出示您的 AARP 会员卡，即可免费获得优惠券小册子，最多可节省 1000 美元。

## 食品杂货

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### COUPONS.COM 为食品杂货优惠券中心提供技术支持

在线免费获得数以百计的领导品牌可打印优惠券。

### SCHWAN'S HOME SERVICE

新客户首单满 50 美元或以上即可省 20 美元，并且此后所有网上订单可享双倍 Schwan's Rewards™ 积分。

### SILVER CUISINE™ FROM BISTROMD

由医生设计和厨师烹制的特色膳食，其中包括无谷蛋白食物、心脏健康食物、低钠食物和糖尿病专供餐食，可享 10% 折扣。首笔订单免运费。

## 技术

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### AT&T

符合条件的无线套餐每月服务费可享 10% 的折扣，精选配件可享 15% 的折扣。

### CONSUMER CELLULAR

每月服务费和使用费可享 5% 的折扣，精选配件可享 30% 的折扣。月费 15 美元起无需签约且免费激活。

### CRICKET WIRELESS

通过邮寄折扣方式购买无线设备可省 20 美元。

某些条款和限制条件适用。



## 鲜花和礼品

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### 1-800-BASKETS.COM®

20% 购物折扣。

某些除外条款和限制条件适用。

### 1-800-FLOWERS.COM®

20% 在线购物折扣。

某些除外条款和限制条件适用。

### CHERYL'S®

购买曲奇和甜点等可享 20% 的折扣。

某些除外条款和限制条件适用。

### FRUIT BOUQUETS BY 1-800-FLOWERS.COM®

20% 购物折扣。

某些除外条款和限制条件适用。

### HARRY AND DAVID

在线购买礼品篮、巧克力、烘焙食物、食品和酒品等可享 20% 的折扣。

某些除外条款和限制条件适用。

### PERSONALIZATION UNIVERSE

购买 iPhone 手机壳、马克杯、T 恤和墙艺用品等定制产品可享 20% 的折扣。

某些除外条款和限制条件适用。

### STOCK YARDS

购买牛排、海鲜、家禽肉和汉堡等可享 20% 的折扣。

某些除外条款和限制条件适用。

### THE GIFT CARD SHOP™

购买可打印式和数字式贺卡以及数字相册可享优惠。购买礼品卡时免费赠送数字贺卡。

### THE POPCORN FACTORY®

20% 购物折扣。

某些除外条款和限制条件适用。

### WOLFERMAN'S

购买面包、烘焙食品和甜点等可享 20% 的折扣。

某些除外条款和限制条件适用。

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## 人寿保险

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### 纽约人寿提供的 AARP 人寿保险计划

800-779-2086

您可以申请保额高达 100,000 美元的人寿保险以帮助保护您的家人，并可免费获得人寿保险资讯。

## 财产保险

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### HARTFORD 提供的 AARP® 房产所有者保险计划

800-909-5191

保险对象为住宅或公寓所有者或房屋出租者。如果您将房屋与汽车保单进行捆绑，则可节省更多。

### FOREMOST 提供的 AARP® 流动房屋保险计划

800-752-2461 代码 K082

为几乎各类流动房屋和搭建房屋专门定制的保险。提供终生续约和全天候（24/7）索赔服务。

### 由 REAL LEGACY ASSURANCE COMPANY, INC. 提供的 AARP® 财产和意外伤害保险计划

800-981-7855 (P.R.) | 800-483-0881 (U.S.V.I.)

波多黎各和美属维尔京群岛的会员可享 参保折扣价。

## 车辆保险

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### 由 THE HARTFORD 提供的 AARP® 汽车保险计划

888-277-6436

专为奖励驾驶更安全、经验更丰富的驾驶者而提供的优惠和福利。提供无偿无义务要求的报价。

### 由 PLYMOUTH ROCK AND BUNKER HILL 提供的 AARP® 马萨诸塞州汽车和房屋保险计划

855-475-9762

马萨诸塞州的会员可享受 Plymouth Rock and Bunker Hill 的汽车和房屋保险优惠和福利。



## 由 FOREMOST 提供的 AARP® 摩托车保险计划

800-752-2461 代码 K083

为您的单车、可选配设备 and 安全服提供折扣和保险，并提供摩托车拖运和路边救援专属服务。

## 由 THE HARTFORD 提供的露营车和船只保险计划

800-555-2510

为房车、收藏车辆、船只和私人游艇提供保护。收藏车辆和船只保险计划由美国现代保险集团的子公司承保。

## 由 TIAA 提供的 AARP®大学储蓄解决方案

866-717-9452

子女教育储蓄建议，以及潜在的税收优惠资讯。

## 由 CHASE 提供的 AARP®信用卡

[aarpcreditcard.com](http://aarpcreditcard.com)

会员在餐厅和加油站消费时可享受 3% 的返现，在进行所有其他消费时可享 1% 的返现。AARP 认可的唯一信用卡。

## AARP 金融刊物

888-687-2277

涵盖社会保障、资产管理及保护等主题的自由刊物。很多刊物还提供西班牙语版本。

## AARP 基金会税务助手

在志愿者的帮助下，中低收入纳税人可免费获得税务准备和申报方面的帮助。这是全国规模最大的、由志愿者运作的税务准备援助。

## 由 EQUIFAX® 公司 TRUSTEDID,® 提供的 AARP® 身份盗窃保护

800-686-8300

您可利用 Equifax 3-Bureau Credit Monitoring 等定制的身份保护功能，更好地控制自己的个人和财务信息。

## 由 TD AMERITRADE 提供的 AARP®投资服务

800-645-7830

个性化指导、教育和投资资源帮助您做出自信的投资决策。AARP 会员专享福利。¹

## 由纽约人寿保险与年金公司提供的 AARP 终生收入计划

800-309-6832

即把您的部分储蓄转化为终身收入流的简化年金。您可索取一个免费资料包和个性化收入方案。

## 美国银行支票

855-324-3362

所有个人支票、公司支票和纳税申报表以及支票簿封面、活页夹、地址印章和文件夹等附件可享受 20% 的折扣。

¹请访问<http://tdameritrade.com/aarp>，了解条款与条件相关的完整信息。



## FINANCES 50+<sup>SM</sup>

AARP 基金会和嘉信理财基金会已展开合作，免费提供一个包含三部分的简单计划，该计划涵盖编制预算、制定目标和制定储蓄计划和保护资产以及管理债权债务。每节 90 分钟的互动式课堂教学旨在帮助参与者养成良好习惯，从而改善其财务状况。

## 欺诈监控网络

发现和避免身份盗窃、投资欺诈和假期诈骗等骗局的技巧，以及通过不断更新的 Watchdog Alerts 和诈骗追踪地图等资源提供的警告资讯与您所在州的执法部门实时联动。

## 理财工具

一系列网络工具帮您实现社会保障金的最大化、追踪医疗保健费用、计算何时还清抵押贷款、制定退休计划等。

## 退休资源

无论您想周游世界、继续工作还是花更多时间陪伴家人，您都可借助工具和专家资源规划路线和迈向您理想的退休生活。



## ANCESTRY

订阅 World Explorer，首年可享 30% 的折扣。

## 住房和出行资源

帮助您在迈向老龄的过程中在家里和社区内独立生活的资源。主题包罗万象，从设计（让家更美观、更安全且更舒适）到最佳出行方式，无论是步行、骑车还是乘坐公共交通工具。

## 住房解决方案中心

855-850-2525

AARP 基金会的住房解决方案中心将面临风险的50岁以上房产所有者与 HUD 认证的免费咨询、资源和教育联系起来，以帮助他们避免丧失赎回权，并留住其居所。您可以马上行动起来，与 HUD 认证的顾问交流，或浏览我们制定的止赎预防在线演示文稿和播客了解更多详情。

## LIVEWATCH 家庭安保

没有长期合同，免费送货，免费激活和免费终身保修，每月监控费用为\$ 2。

## MONI 智能安保

844-897-0323

免费提供设备、激活及专业安装，加上每月监控费用折扣 5 美元。

## PETPLAN 宠物保险

800-239-6870

在线注册可享受10%的保费折扣，并可获得一张Visa® 储值卡（最高金额为）美国和加拿大境内的所有兽医均接受该计划。

*可享受 5% 的合作门店折扣和 5% 的在线支付折扣。须经州批准。如果您通过电话登记，折扣的上限为 5%。该折扣不适用于佛罗里达州、夏威夷州和田纳西州。该Visa® 预付卡由 FDIC 会员 MetaBank® 在获得美国 Visa 的 许可后发行。佛罗里达州、北达科他州和华盛顿州不提供该预付卡。预付卡可能随时发生变更且须经州批准，并非所有州均可获得该预付卡。不与其他优惠同时使用。*

## 食谱资料库

适用于各种场合的健康美味食谱，从早餐到简易午餐再到创意晚餐，以及健康甜点食谱。

## THE UPS STORE®

可享受国内和国际 UPS 运费 5% 的折扣，并且符合条件的产品和服务还可享受 15% 的折扣。

## AARP 汽车

可满足您的全部汽车需求的权威资源，轻松搜索车型、安全驾驶和维修保养等。获得您需要的所有帮助和资讯，使用召回查询和安全评级工具，以及享受优惠。

## AARP 购车计划

帮您找到您所需要的安全配置车型，并从可靠经销商处获得新车和二手车的真实售价信息。平均而言，使用者在购置新车时在制造商建议零售价（MSRP）基础上可节省数千美元。

## AARP 驾驶安全

AARP Smart Driver™ 课程可帮助您保持驾驶安全，甚至还能帮您节省汽车保险和维修保养费用。会员可按折扣价修读该课程，课堂或网络学习均可。

## 由 ALLSTATE 提供的AARP®道路救援

首年道路救援会员费最高可省 20 美元。提供四个可选方案，服务范围包括 24 小时应急防护、拖车、助推启动、电池升压、更换漏气轮胎和燃油供给。

## CARFIT 教育方案

学习如何调整私家车内的设施配置，以实现安全性和舒适性最优化。

## 驾驶资源中心

驾驶资源中心免费提供互动式工具和活动，其中包括驾驶模拟、各州适用的交通法规以及汽车新科技。

## 驾驶心得交流

年长驾驶员的家人和朋友可参加免费研讨会，在研讨会上大家会积极分享驾驶安全方面的实用心得体会。

## 看护



## AARP 家庭看护

877-333-5885

无论您对家庭看护一无所知还是颇有心得，您都能找到帮助您管理至亲至爱护理事宜的实用技巧、现实支持和丰富资源。





## 由 THE HARTFORD 提供的 AARP® 小企业保险计划

855-899-4889

专为财产保险和一般责任险、职工赔偿保险以及公车保险定制的企业保险解决方案，为您的企业提供适当稳妥的保障。提供无义务要求的保险范围审查和报价。

## 重返岗位 50+

“重返岗位 50+”致力于为那些在困境中挣扎的50岁以上美国人提供所需要的资讯、支持、培训和雇主资源，帮助他们重新就业，在工作岗位上取得进步，建立财务能力和适应力，以防他们在晚年陷入贫困。

## 职位公告板

此职位搜索工具专注于 50 岁以上的职位，以帮助您寻找适合自己兴趣的职位。您也可以搜索那些承诺提供多年龄段职位的雇主。

## 工作资源

在您的工作年限期间，无论是寻找新工作、考虑从事副业还是希望学习新技能，AARP Work & Jobs都是您找工作的不二之选。学习应对面试和编写简历的新方法，或搜索未来趋势。



## AARP.ORG

访问 [aarp.org](https://aarp.org) 或 [aarp.org/espanol](https://aarp.org/espanol) 的西班牙语版，了解相关计划和服务、实用工具和资源以及健康保健、财务、工作和退休等相关的最新资讯和信息。

## AARP 书店

电子书籍、印刷书籍，以及免费下载您最喜欢的主题。此外，会员在购买指定畅销书时还可享受 40% 的折扣，其中包括 AARP 技术指南。

## AARP 公告

对于50岁以上美国人极具价值的时事观点和深度分析，主题涵盖健康、医保、社会保障、金融和消费者权益保护等。

## AARP NOW 应用软件

下载免费应用程序，动动手指即可随时轻松了解每日新闻、附近活动和福利。提供 iOS 和安卓系统版本。

## AARP THE MAGAZINE

针对 AARP 数百万会员推出的权威生活方式刊物，内容涵盖名人访谈、健康和科技专题报道以及生活小窍门、食谱、书籍和电影评论等。

## 善行奖励

学习、收获、玩耍和省钱！您只需在 [aarp.org](https://aarp.org) 网站上完成有趣充实的活动，即可免费注册，赢取用于礼品卡等的奖励积分。最棒的是，会员可多赢取 50% 的积分！



## AARP 州办公室

我们在每个州都设立了工作人员驻守的办公室，以便 AARP 会员、志愿者、媒体、政策制定者和意见领袖参与实施我们的倡议、教育和服务工作。

## 政府倡议

我们在华盛顿特区以及您的当地社区为您争取权益。我们齐心协力发表呼声，并推动全国和各州的积极社会变革，促进社保、医保和高昂公用事业费等问题的解决。

## 法律宣传

AARP 基金会诉讼部通过法律体系捍卫与支持年长美国人的权利，以及坚决抵制健康护理、就业和住房等领域的消费者欺诈和歧视行为。

## 选民参与

在投票前，您有权知晓候选人的立场。我们在无党派选民参与方面拥有光辉的历史，可为您提供候选人在关乎您和您的家人利益方面所持的立场，以便您投票给最能代表您的观点和价值观的候选人。



## 活动

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### 您所在城市的 AARP

帮您发现身边有趣好玩的事情，其中包括有意义的项目和活动、本地服务和优惠等。

### LEARN@50+<sup>SM</sup>

针对 50 岁以上人群开设的互动研讨会、网络研讨会、活动和生活技能培训。

### AARP 地方分会

加入您所在地区的分会，并用您的经验、才能和爱心帮助改进您的社区。分会对当地全部 AARP 会员开放，并且具有非政府性、无党派性和非营利性。

## 志愿活动

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### AARP 基金会

AARP 基金会是 AARP 的慈善分支机构，致力于确保低收入年长者拥有营养食物、保障性住房、稳定收入和牢固持续的社交纽带。基金会与个人和组织展开合作，他们始终致力于共同创新，并且热衷于问题解决。基金会通过不遗余力的法律宣传，致力于创造与推进有效的解决方案，以帮助在困境中挣扎的老年人获得生活必需品。AARP 基金会的计划与服务需要您所缴纳会费以外的出资。得益于会员的慷慨解囊，我们才可以帮助脆弱的老年人恢复自信、重新立足和改善他们的生活。

### AARP 基金会 EXPERIENCE CORPS

Experience Corps 是一个由 50 岁及以上的志愿者参与的成熟计划，这些志愿者帮助贫困学生在三年级结束之前成为了了不起的读书人。遍布美国的很多城市都提供志愿者机会。

### 行善

根据您的兴趣爱好寻找当地的志愿者活动机会。无论您只有五分钟还是五小时空闲时间，均可找到适合您自己和所在社区的善行。

### 饥荒救助计划

AARP 基金会通过饥荒救助计划，提高人们对饥饿问题的关注和意识，捐赠数百万美元的餐食给食物银行，建立慈善支持和制定长期可持续的解决方案，正在帮助 1000 多万 50 岁以上的美国人摆脱饥饿。

您想与 AARP 取得联系？您想更新自己的联系信息？将您的配偶添加到您的会员账户如何？无论您有何需求，我们都随时为您提供帮助。为更便捷服务，请在所有信函上写上您的 AARP 会员号，并且在致电 AARP 时提供您的会员号。

## 地址变更

如果您打算搬家，请提前六周通知我们。您可通过一些简便的方式告知我们可能即将发生的地址变更。

邮寄：如有可能，在将您的地址变更信函寄至本页面底部的地址时，请随附 AARP The Magazine 或 AARP Bulletin 上的邮寄标签。

邮局：您可向当地邮局索取地址变更表格。这是通知我们和他人的一种简便方式。或者，您也可访问[moversguide.usps.com](https://moversguide.usps.com)，把您的地址变更提交给你 USPS。

在线：您还可以随时访问[aarp.org/membership](https://aarp.org/membership)，更新您的地址和账户信息。

## 会员问询

会员资格问题？需要补办遗失的会员卡？未收到订阅的杂志？请使用以下联系方式通过邮件、电话或电邮联系我们。

## 会员续约

AARP 将在您的会员资格到期前给您发送续约通知。在您的会员资格到期前续约可确保一切事宜正常进行。为了您的方便，您现在能够在线进行会员续约。

## 联系我们

888-687-2277

听力障碍电传使用者请致电711，并呼叫877-434-7598（免费电话）

AARP

3200 East Carlson Street  
Lakewood, CA 90712

[member@aarp.org](mailto:member@aarp.org)

本指南中包含我们的隐私政策。请访问[aarp.org/privacy](https://aarp.org/privacy)，详细了解我们的隐私实践。如对您的会员资格行使选择权或有疑问，请通过邮件、电话或电邮联系我们。



AARP 始终致力于通过尊重和保护您的隐私来维护您的宝贵信任。本隐私声明重点介绍我们如何收集、使用、分享和保护个人信息，以及您限制我们如何分享您的个人信息和与您沟通的选择权。请访问 [www.aarp.org/privacy](http://www.aarp.org/privacy)，全面了解我们的隐私政策，内含一些补充信息。

## 资料收集与使用

我们收集与使用您个人资料目的在于，为我们的非营利性工作提供支持和为我们的会员提供服务，其中包括通过多种渠道与您联系，提供您需要的信息、计划和产品及服务，以及评估我们的计划和会员服务的有效性。当您申请会员资格时，我们仅收集您的基本信息，例如您的姓名、联系信息和出生日期。在会员资格期间，我们收集其他个人信息，例如您在 AARP 活动参与和会员服务方面的情况。我们通过与您线下交流以及我们的网站和应用软件收集这些信息。我们还可能从其他来源收集您的个人信息。

## 资料分享

除下述重点描述外，未经您同意，我们不会与非附属机构（非 AARP 所有或控制的机构）分享您的个人信息。我们会将您的个人信息分享给我们精选的为 AARP 会员提供 AARP 品牌产品或服务或/或优惠的公司。其中一些供应商会付费获得使用我们品牌的权利和获取会员列表及相关信息。这些收费将用于支持我们的非营利性工作。这些供应商按照合同约定要求对 AARP 提供的个人信息保密，并且仅将这些个人信息用于向 AARP 会员提供、维护和分析合同规定的产品、服务或优惠。其中一些供应商可能通过与会员的互动来收集会员相关的个人信息，并且可能会将此类信息的一部分或全部分享给 AARP，以便帮助我们提供更高效且个性化的服务。这些供应商的数据收集与共享方式取决于他们自己的隐私政策。此外，我们有时也会与一些精选的非营利性非附属组织分享个人信息，用于他们的社会活动。并且，我们也会将个人信息分享给我们雇用的供应商和社交媒体网络，以我们的名义提供服务或开展商业活动，但是这些供应商会按照合同约定要求使用这些个人信息，按照 AARP 要求代表我们提供指定服务。最后，我们会按照法律规定在必要时分享个人信息，以保护我们自己、我们的会员或他人，或在涉及销售、并购、合并或破产等业务转让或重大交易时分享。



## 资料保护

我们采用行政、技术性和具体安全措施来保护个人信息，以免出现意外、非法或未经授权的破坏、丢失、篡改、访问、披露或使用。

## 您的选择

我们在收集、使用和共享您的个人信息方面努力为您提供合理的选择权。您有权查看和修改您的个人信息，您可以选择我们通过何种方式与 AARP 品牌产品、或服务或/或优惠供应商以及非营利性非附属组织分享您的个人信息，以及您可以控制我们与您联系的方式，及其他选择权。

您可以就这些选择问题通过以下方式随时联系我们：

电邮至 [member@aarp.org](mailto:member@aarp.org)

填写我们的

网络表格：<http://www.aarp.org/about-aarp/aarp-privacy-policy-opt-out/>

致电 888-OUR-AARP (888-687-2277)

写信邮寄至  
AARP Membership Center  
3200 East Carson  
Street Lakewood, CA 90712

请访问 [www.aarp.org/privacy](http://www.aarp.org/privacy)，全面审查我们的隐私政策，内含一些补充信息。



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