

Maryland Fish Consumption Advisories

for Recreationally Caught Fish in Carroll County, MD

Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters

Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✘ = Fish where all dark meat and/or Belly Fat has been removed

Contaminant present in fish: * Mercury Δ PCBs + Pesticides ◇ PFOS

Species	Waterbody	Recommended Meals/Month		
		General Population	Women ¹	Children ²
Black Crappie	Liberty Reservoir *	8	7	4
	Tuckahoe Lake *	No Limit	8	4
Large and Smallmouth Bass ♥	Liberty Reservoir *	5	5	3
	Monocacy River Δ	No Limit	No Limit	No Limit
	Piney Run Lake *	No Limit	No Limit	6
	Tuckahoe Lake *	3	3	2
Rainbow Trout and Golden Rainbow Trout (Hatchery Raised)	All Hatchery Raised fish stocked in Anne Arundel County, Baltimore City, Baltimore County, Calvert County, Carroll County, Caroline County, Cecil County, Charles County, Frederick County, Harford County, Howard County, Queen Anne's County, Montgomery County, Prince George's County, Washington County, Wicomico County, and Worcester County Δ	No Limit	No Limit	No Limit
	**For more information on put-and-take fish see https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas **For more information on Special Management Areas-Trout see https://www.eregulations.com/maryland/fishing/special-management-areas-trout			
Rock Bass ♥	Monocacy River ◇	2	1	1 every other month
Sunfish (including Bluegill)	Liberty Reservoir *	No Limit	No Limit	No Limit
	Monocacy River ◇	1 every other month	1 every other month	Avoid
White Perch	Liberty Reservoir *	3	2	1
Yellow Bullhead	Liberty Reservoir *	7	6	3
	Monocacy River *	6	5	3

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Species	Waterbody		Recommended Meals/Month		
			General Population	Women ¹	Children ²
Yellow Perch	Liberty Reservoir	*	No Limit	No Limit	8
	Piney Run Lake	*	No Limit	No Limit	6