

# Maryland Fish Consumption Advisories

## for Recreationally Caught Fish in Prince George's County, MD

*Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters*

**Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children**

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✘ = Fish where all dark meat and/or Belly Fat has been removed

Contaminant present in fish: \* Mercury    Δ PCBs    + Pesticides    ◇ PFOS

Species	Waterbody		Recommended Meals/Month			
			General Population	Women <sup>1</sup>	Children <sup>2</sup>	
American Eel	Anacostia River	Δ	1	1	1 every other month	
	Middle Patuxent River	Δ	3	3	3	
	Potomac River - 301 Bridge to DC Line	Δ	1 every other month	1 every other month	1 every other month	
Black Crappie	Cash Lake	*	4	3	2	
	Lake Artemesia	*	6	6	5	
Blue Catfish	Anacostia River	Δ	<b>Avoid</b>	<b>Avoid</b>	<b>Avoid</b>	
	Anacostia River (No Dark Meat or Belly Fat)	Δ ✘	<b>Avoid</b>	<b>Avoid</b>	<b>Avoid</b>	
	Mattawoman Creek	12" - 15"	Δ	4	4	4
		15" - 24"	Δ	4	3	2
	24" - 30"	Δ	1	1	1 every other month	
		> 30"	Δ	<b>Avoid</b>	<b>Avoid</b>	<b>Avoid</b>
		> 30" Δ ✘	2	2	1	
	Middle Patuxent River	15" - 24"	Δ	<b>No Limit</b>	<b>No Limit</b>	6
	Middle River	15" - 24"	Δ	4	3	2
	Potomac - 301 Bridge to DC Line	12" - 15"	Δ	4	4	4
		15" - 24"	Δ	4	3	2
		24" - 30"	Δ	1	1	1 every other month
		> 30"	Δ	<b>Avoid</b>	<b>Avoid</b>	<b>Avoid</b>
		> 30" Δ ✘	2	2	1	
Upper Patuxent River	15" - 24"	Δ	<b>No Limit</b>	<b>No Limit</b>	6	
Brown Bullhead	Anacostia River	Δ	5	5	4	

# Maryland Fish Consumption Advisories

## for Recreationally Caught Fish in Prince George's County, MD

*Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters*

**Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children**

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✕ = Fish where all dark meat and/or Belly Fat has been removed

Contaminant present in fish: \* Mercury    Δ PCBs    + Pesticides    ◇ PFOS

Species	Waterbody	Recommended Meals/Month		
		General Population	Women <sup>1</sup>	Children <sup>2</sup>
Channel Catfish	Anacostia River Δ	Avoid	Avoid	Avoid
	Middle Patuxent River Δ	2	2	1
	Middle River Δ	Avoid	Avoid	Avoid
	Potomac - 301 Bridge to DC Line < 18" Δ	1 every other month	1 every other month	Avoid
	> 18" Δ	Avoid	Avoid	Avoid
	Upper Patuxent River Δ	2	2	1
Common Carp	Anacostia River Δ	Avoid	Avoid	Avoid
	Potomac - 301 Bridge to DC Line Δ	Avoid	Avoid	Avoid
Large and Smallmouth Bass ♥	Anacostia River ◇	2	2	2
	Cash Lake *	3	2	1
	Greenbelt Lake *	No Limit	8	5
	Lake Artemesia *	5	4	2
	Mattawoman Creek Δ	6	6	5
	Middle Patuxent River Δ	No Limit	No Limit	No Limit
	Potomac River - 301 Bridge to DC Line ◇	3	2	1
	Tidal headwaters of Piscataway Creek ◇	Avoid	Avoid	Avoid
	Upper Patuxent River ◇	3	3	2
Northern Snakehead	Anacostia River Δ	3	3	1
	Mattawoman Creek ◇	1 every other month	1 every other month	Avoid
	Potomac - 301 Bridge to DC Line Δ	3	3	3

# Maryland Fish Consumption Advisories

## for Recreationally Caught Fish in Prince George's County, MD

*Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters*

**Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children**

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✕ = Fish where all dark meat and/or Belly Fat has been removed

Contaminant present in fish: \* Mercury    Δ PCBs    + Pesticides    ◇ PFOS

Species	Waterbody	Recommended Meals/Month		
		General Population	Women <sup>1</sup>	Children <sup>2</sup>
Rainbow Trout and Golden Rainbow Trout (Hatchery Raised)	All Hatchery Raised fish stocked in Anne Arundel County, Baltimore City, Baltimore County, Calvert County, Carroll County, Caroline County, Cecil County, Charles County, Frederick County, Harford County, Howard County, Queen Anne's County, Montgomery County, Prince George's County, Washington County, Wicomico County, and Worcester County	Δ No Limit	No Limit	No Limit
	**For more information on put-and-take fish see <a href="https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas">https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas</a> **For more information on Special Management Areas-Trout see <a href="https://www.eregulations.com/maryland/fishing/special-management-areas-trout">https://www.eregulations.com/maryland/fishing/special-management-areas-trout</a>			
Spot ♥	Middle Patuxent River	Δ 5	5	4
	Upper Patuxent River	Δ 5	5	4
Sunfish (including Bluegill)	Anacostia River	◇ 1	1	1 every other month
	Cash Lake	* 8	7	4
	Keys Community Park Pond	* No Limit	No Limit	No Limit
	Lake Artemesia	* No Limit	No Limit	No Limit
	Non-Tidal Piscataway Creek	◇ Avoid	Avoid	Avoid
	Potomac - 301 Bridge to DC Line	Δ 2	2	2
White Catfish	Upper Patuxent River	◇ 2	2	1
	Potomac - 301 Bridge to DC Line	Δ Avoid	Avoid	Avoid
White Perch	Anacostia River	◇ 2	2	1
	Middle Patuxent River	◇ 5	4	2
	Potomac - 301 Bridge to DC Line	◇ 3	2	1
	Upper Patuxent River	Δ No Limit	No Limit	No Limit
White Sucker	Upper Patuxent River	◇ No Limit	8	4

# Maryland Fish Consumption Advisories

## for Recreationally Caught Fish in Prince George's County, MD

*Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters*

**Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children**

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✕ = Fish where all dark meat and/or Belly Fat has been removed

Contaminant present in fish: \* Mercury    Δ PCBs    + Pesticides    ◇ PFOS

Species	Waterbody	Recommended Meals/Month		
		General Population	Women <sup>1</sup>	Children <sup>2</sup>
Yellow Bullhead	Anacostia River ◇	No Limit	No Limit	No Limit
	Non-Tidal Piscataway Creek ◇	1	1	1 every other month
	Middle Patuxent River Δ	5	5	4
	Upper Patuxent River Δ	5	5	4