

**Conference Together for a healthy
lifestyle
22.5. - 23.5.2024**

**Glass Hall, Grand Hotel Union, Miklošičeva 3,
Ljubljana**

**DÓBER TEK
Slovenija**

Nacionalni program o prehrani in telesni
dejavnosti za zdravje 2015–2025

PRELIMINARY AGENDA 1. DAY

14:00 – 15:00 – Round table for the media

Moderators: Assist. Prof. Dr. Mojca Gabrijelčič, National institute of Public Health Slovenia

15:00 – 15:30 Arrival and registration

15:30 – 15:50 Welcome speeches

*Assist. Prof. Dr. Branko Gabrovec, General Director, National Institute of Public Health
Dr. Aleš Musar, Office of the President of the Republic of Slovenia
Eva Vodnik, State Secretary, Ministry of Health*

Session 1

15:50 – 16:05 National program Dober tek, Slovenija
Dr. Marjeta Recek, Ministry of Health Slovenia

16:05 – 16:20 Obesity situation in Croatia: epidemiology and efforts in prevention
Prof. Dr. Sanja Musić Milanović, MD, specialist in public health, spouse of the President of the Republic of Croatia

16:20 – 16:40 New knowledge and a look into future
*prof. dr. Nada Rotovnik Kozjek, OI, and
Akad. Prof. Dr. Tadej Battelino, SAZU*

16:40 – 17:10 Break

Session 2

17:10 – 17:30 Zagreb declaration – potentials of high level support to combat obesity (working title)
*Prof. Dr. Sanja Musić Milanović, MD, specialist in public health, spouse of the President of the Republic of Croatia
Dr. Aleš Musar, Spouse of the President of the Republic of Slovenia*

17:30 – 17:45 WHO Acceleration plan to STOP obesity and role of WHO Country Office
Dr. Melita Vujnović, WHO country office for Slovenia

17:45 – 18:15 Discussion

18:15 End of meeting

PRELIMINARY AGENDA 2. DAY

Moderators: Assist. Prof. Dr. Mojca Gabrijelčič, NIJZ
Prim. Polonca Truden Dobrin, dr. med., NIJZ, and
Prof. Dr. Gregor Starc, Faculty of sport - University of Ljubljana

08.30 – 09:00	Arrival and registration	
09:00 – 09:10	Welcomes	
	<i>Marko Lotrič, National Council of the Republic of Slovenia</i>	
	<i>Dr. Melita Vujnovič, WHO Country Office in Slovenia</i>	
09:10 – 10:40	Management of obesity I	
	- SPDI Tool	<i>Dr. Jullianne Williams, WHO</i>
	- Portuguese experience	<i>Prof. Dr. Maria Joao Gregorio, DGS</i>
	Presentation of Slovenian programs:	<i>Polonca Truden Dobrin, NIJZ</i>
	- Program ZDAJ and family treatment	
	Round table:	
	- My challenge	<i>Špela Bužinel, Faculty of Health Sciences</i>
	- Healthy lifestyle school program	<i>Irena Štucin Gantar, Tina Kaparič Kersnik, BOŠ</i>
	- Pediatric clinic – tertiary treatment program	<i>Assist. Prof. Dr. Primož Kotnik, UKC LJ</i>
	- Q & A	
10:40 – 11:10	Coffee break	
11:10 – 12:00	Management of obesity II	
	- Obesity - Beyond Excess Body Fat, a complex Multifactorial Sign	<i>Assist. Dr. Milena Blaž Kovač, ZD LJ</i>
	- Obesity management programme in primary level in Slovenia	<i>Andrea Backovič Juričan, Rok Poličnik, NIJZ</i>
	- Nutrition in management of obesity	<i>Ana Karin Kozjek</i>
	- Obesogenic chemicals	<i>Vesna Viher Hrzenjak, NIJZ</i>
	- Q & A	
12:00 – 12:40	Regulation in the field of nutrition policies - Food Taxation	
	- WHO Policy Brief on Taxation	<i>Prof. Dr. Franco Sassi</i>
	- Reflection from the member state perspective	<i>Slovenia, TBC</i>
	- Q & A	
12:40 – 13:15	Regulation in the field of nutrition policies – Marketing foods to children	
	- Portuguese experience, Best-ReMaP outcomes and JA Prevent NCD	<i>Prof. Dr. Maria Joao Gregorio, DGS</i>
	- Reflection by young people	<i>Nassim Djaba, Youth Network No Exuse Slovenia</i>
	- Q & A	
13:15 – 14:00	Standing lunch	

14:00 – 14:50	Breastfeeding	
	- Breastfeeding advocacy: midwifery as support for physiological processes at the threshold of motherhood	<i>Dr. Zalka Drglin, NIJZ</i>
	- National Breastfeeding Promotion Committee by UNICEF Slovenia	<i>Andreja Tekauc Golob, UNICEF</i>
	- JA Prevent NCD	<i>Kristina Petrovič, Nastja Šivec, NIJZ</i>
	- Q & A	
14:50 – 15:45	Physical activity	
	- TBD	<i>Prof. Dr. Gregor Starc, FŠ-UL</i>
	- Nutrition for physical activity	<i>Prof. Dr. Nada Rotovnik Kozjek, OI</i>
	- Social participation in facilitating physical activity	<i>Urška Erklavec, NIJZ</i>
	Round table:	
	- Young people's reflection on physical activity	<i>Katja Čič, Youth Health Organization Simon Fridl, Slovenian Student Union</i>
	- Q & A	
15:45 – 16:15	Discussion	
	- Guided discussion with participants	
	- Reflection of WHO	<i>Dr. Jullianne Williams, WHO</i>
16:15 – 16:30	End of meeting	<i>Assist. Prof. Dr. Mojca Gabrijelčič, NIJZ Dr. Aleš Musar, UPRS Dr. Marjeta Recek, MoH</i>