

## Men's Apparel Size Chart

<b>Size</b>	<b>Chest</b>	<b>Waist</b>	<b>Hip</b>	<b>Arm Length</b>	<b>Inseam</b>
S	36"-38" 91.5-96.5cm	29"-31" 73.5-78.5cm	36"-38" 89-96.5cm	31"-32" 68.5-81.5cm	30"-31" 73.5-78.5cm
M	39"-41" 99-104cm	32"-34" 81.5-86.5cm	39"-41" 99-104cm	32"-33" 81.5-84cm	31"-32" 78.5-81.5cm
L	42"-44" 106.5-112cm	35"-37" 89-94cm	42"-44" 106.5-112cm	33"-34" 84-86.5cm	32"-33" 81.5-84cm
XL	45"-48" 114.5-122cm	38"-40" 96.5-101.5cm	45"-48" 114.5-122cm	34"-35" 86.5-89cm	33"-34" 84-86.5cm
XXL	49"-51" 124.5-129.5cm	41"-44" 104-112cm	49"-51" 124.5-129.5cm	35"-36" 89-91.5cm	34"-35" 86.5-89cm
How to Measure	Measure under the arms, around fullest part of chest and back circumference.	Measure around natural waistline, keeping tape a bit loose.	Measure around the fullest part of hip circumference, parallel to the floor.	With elbow bent slightly, measure from center back of neck, across top of shoulder, to elbow and down to wrist bone.	Measure along inside leg from crotch to ankle bone. Or measure a good fitting base layer pant from crotch seam to bottom along seam.