

Size Chart

Men's Sizes (Inches)

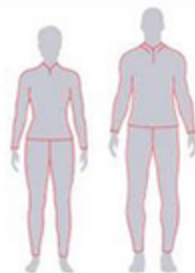
	Chest	Sleeve	Waist	Hip	Inseam
S	36-38	33	30, 31	36-38	
M	39-41	34	32, 33, 34	38-40	S: 30
L	42-45	35	36, 38	42, 44	R: 32
XL	46-49	36	40, 42	46, 48	L: 34
XXL	50-53	37	44	50	
XXXL	54-57	38	46	52	

Men's Sizes (Centimeters)

	Chest	Sleeve	Waist	Hip	Inseam
S	91-97	84	76, 79	91-97	
M	99-104	86	81, 84, 86	97-102	S: 76
L	107-114	89	91, 97	107, 112	R: 81
XL	124-127	91	102, 107	117, 122	L: 86
XXL	127-135	94	112	127	
XXXL	137-145	97	117	132	

Please Note: All figures listed correspond to equivalent body measurements, not the dimensions of the garment.

Mountain Hardwear clothing is available in four fits standardized across the entire apparel line. Each is designed to meet different needs for movement, protection and versatility depending on activity.



Body

Body-hugging fit for aerobic activities.

Use it for: running, skate skiing and next-to-skin layering.



Active

Trim fit, just loose enough for laying and freedom of movement.

Use it for: backcountry skiing, climbing, mountaineering and running.



Standard

Not too tight, not too loose. Standard fitting apparel will fit over base and mid-layers without restricting movement.

Use it for: backpacking, hiking, travel and work.



Relaxed

A roomier and more progressive fit, relaxed styles might have a longer length than a standard fit and a softer drape.

Use it for: backpacking, hiking, skiing and hanging out.