



MINISTRY OF  
YOUTH AND SPORTS  
OF UKRAINE



DDP-YD/ETD (2023) 255rev

Strasbourg, 19 October 2023

## SEMINAR

# The role of youth work in supporting mental well-being of young people affected by war

12-15 November 2023  
[European Youth Centre Budapest](#)

*Draft*

**PROGRAMME**

## **Saturday, 11 November 2023**

- 09:30 Preparatory meeting (team members)  
Arrival of participants
- 19:00 Dinner
- 20:30 Informal activities

## **Sunday, 12 November 2023**

- 09:30 Opening and introduction of the programme, with
- Marcos ANDRADE, Deputy Executive Director, European Youth Centre Budapest
  - Nataliia RADCHUK, Head of Department, Ministry of Youth and Sport of Ukraine
  - Anna ARANZHII, Programme Officer, Youth Department
  - Olena CHERNYKH, Senior Project Officer, "Youth for Democracy in Ukraine: Phase III" (online)
- 11:00 Break
- 11:30 Getting to know each other
- 13:00 Lunch
- 14:30 Sharing participants' experiences in youth work in supporting mental well-being of young people affected by traumatic events during war or military conflicts
- 16:00 Break
- 16:30 Building common ground
- 17:30 Debriefing
- 19:00 Dinner

## **Monday, 13 November 2023**

- 09:00 Registration
- 09:30 Mental Health and Human Rights
- 11:00 Break
- 11:30 Youth policy in Ukraine. Needs and challenges faced by young people of Ukraine affected by war, by Nataliia RADCHUK and Olena SOBCHUK, Ministry of Youth and Sports of Ukraine
- 13:00 Lunch
- 14:30 Definition(s) of traumatic events
- 16:00 Break

16:30 Working in a trauma-sensitive way with young people who are affected by traumatic events during war, with guest speaker Paata ALAVERDASHVILI

17:30 Debriefing

19:00 Dinner

## **Tuesday, 14 November 2023**

09:30 Trauma-informed youth work in Ukraine as a response to needs of young people in war context (based on activities of the project Youth for Democracy in Ukraine)

- Guide on Trauma Informed Youth Work and 'Do No Harm Principle" in work with young people affected by traumatic events
- Input from youth workers who implement trauma informed youth work in their youth centres

11:00 Break

11:30 Trauma-informed youth work in Ukraine as a response to needs of young people in war context (cont.)

- Mental health in the State programme "Youth Worker" (the Council of Europe project "Youth for Democracy in Ukraine" and beyond)
- UNFPA Ukraine programme for professionals working with youth in communities
- Other international practises

13:00 Lunch

14:30 Discussion of the role of youth work in supporting mental well-being of young people affected by war

16:00 Break

16:30 Discussion of the role of youth work in supporting mental well-being of young people affected by war (cont.)

17:30 Reflection Groups

19:00 Dinner

## **Wednesday, 15 November 2023**

09:30 Adapting practices. Approaches in youth worker in the context of working with young people affected by traumatic events.  
Special call to support young people from Ukraine by Margit BARNA, European Youth Foundation

11:00 Break

11:30 Needs and the recommendations for different stakeholders on strengthening/delivering youth work with young people affected by traumatic events due to war, military conflict and related crimes.

13:00 Lunch

14:30 Proposals for the recommendations (cont.)

16:00 Evaluation

19:00 Informal evening in the city

## **Thursday, 16 November 2023**

Departure of participants

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### **ABOUT THE SEMINAR**

The seminar brings together youth workers and specialists working with young people of Ukraine to deepen the understanding and share practice about the role of youth work in addressing the emotional and mental health challenges affecting young people caused by the armed aggression of the Russian Federation against Ukraine.

#### **Objectives of the seminar:**

- To analyse the current challenges and needs of young Ukrainians in terms of emotional and mental well-being as a result of the armed aggression of the Russian Federation.
- To share existing practices and expertise in youth work with young people affected by traumatic events.
- Share and discuss the results and expertise of the [Youth for Democracy in Ukraine: Phase III](#) project on [trauma-informed youth work](#).
- To propose recommendations for youth work with young people facing emotional and mental health issues due to military conflict and related crimes.

The participants of the seminar include:

- Youth workers and representatives of youth centres working with young internally displaced persons (IDPs) affected by traumatic events during war time in Ukraine.
- Youth workers and representatives of youth centres from Council of Europe member states working with young people from Ukraine.
- Experts in trauma-informed youth work.