

A Watch & Play Together Guide



See Us Coming Together: A Sesame Street Special finds Alan, Elmo, Abby Cadabby, and Tamir preparing for a “Neighbor Day” festival with a new friend named Ji-Young.

With other Sesame Street neighbors and celebrity guests, the friends support Ji-Young as she deepens her cultural pride and sense of belonging after experiencing a racial incident in which another child tells her to “go home.” In age-appropriate ways, the friends explore the rich diversity across many Asian and Pacific Islander cultures and identities and come to understand the power of coming together as a community!

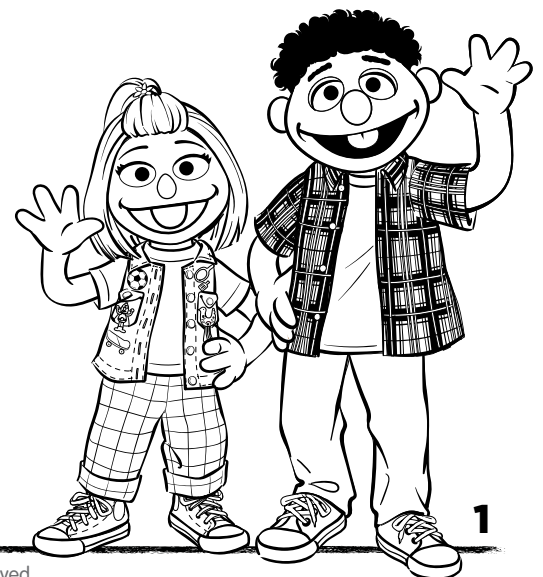
Positive Identities!

We know that young children are curious about their racial, ethnic, and cultural identity or identities. As social beings, we want to build connections with others. We all want to have a sense of belonging. Young children benefit in many ways when they can feel positively about their identity group. For some children, one challenge is developing positive feelings about themselves and being able to effectively manage and heal when treated unfairly. *See Us Coming Together* celebrates each child’s unique identity and sense of belonging to a caring community and diverse world!

Watch & Play Together Activities

Included in this guide are three playful learning resources to help guide the conversations with your child about fairness and belonging to a nurturing community.

- Talk & Sing Together
- Breathe Together
- Celebrate Together



For additional resources,
visit [sesame.org/seeus](https://www.sesame.org/seeus)

Talk & Sing Together

It's Neighbor Day on Sesame Street! Alan, Elmo, and Anna Cathcart are helping our Sesame friends plan and prepare for a big community party to celebrate all of the people in the neighborhood! Just as plans are coming together, one of the newest neighbors, Ji-Young, shares upsetting news. On her way to the festival, another child yelled out, "Go back home!" Follow along Ji-Young's journey as she is supported by friends to regain her sense of cultural pride and belonging!

Talk Together

Here are a few questions your child may ask while watching *See Us Coming Together*. Follow your child's curiosities as you respond to their questions. You may want to continue the conversation over a meal, when taking a walk, or another everyday moment.

● **Who is Ji-Young?**

Ji-Young is a new neighbor and lives on Sesame Street with her family. She loves to play guitar with her friends, Elmo, Abby, and Tamir. We can learn more about her and the "Best Friend Band" through this video titled, "Ji-Young's Song." By the way, Ji-Young is a Korean name. Ji means smart and Young means brave. Ji also has another special meaning, Sesame.

● **Why is Ji-Young sad?**

Ji-Young is upset because another child said something unkind and unfair to her. *(If your child is ready to learn more about what was said and why it is unfair, you may want to share the following.)* Another child yelled at Ji-Young to "Go home!" This child may feel that because Ji-Young looks different from them, that she doesn't belong in their neighborhood. This is unfair and wrong. Ji-Young does belong in the neighborhood. It's her home. Home is where you live with the people who love you, with your family and friends.

● **Why should we talk about our feelings?**

Our words are powerful. Talking helps us use our words to share how we feel and what is happening. Sharing can help us feel better.

● **What does proud mean?**

Proud is a wonderful feeling. It is when we feel really good about who we are or about something we did. We can feel proud about what someone else did. What do you feel proud about?



Sing Together

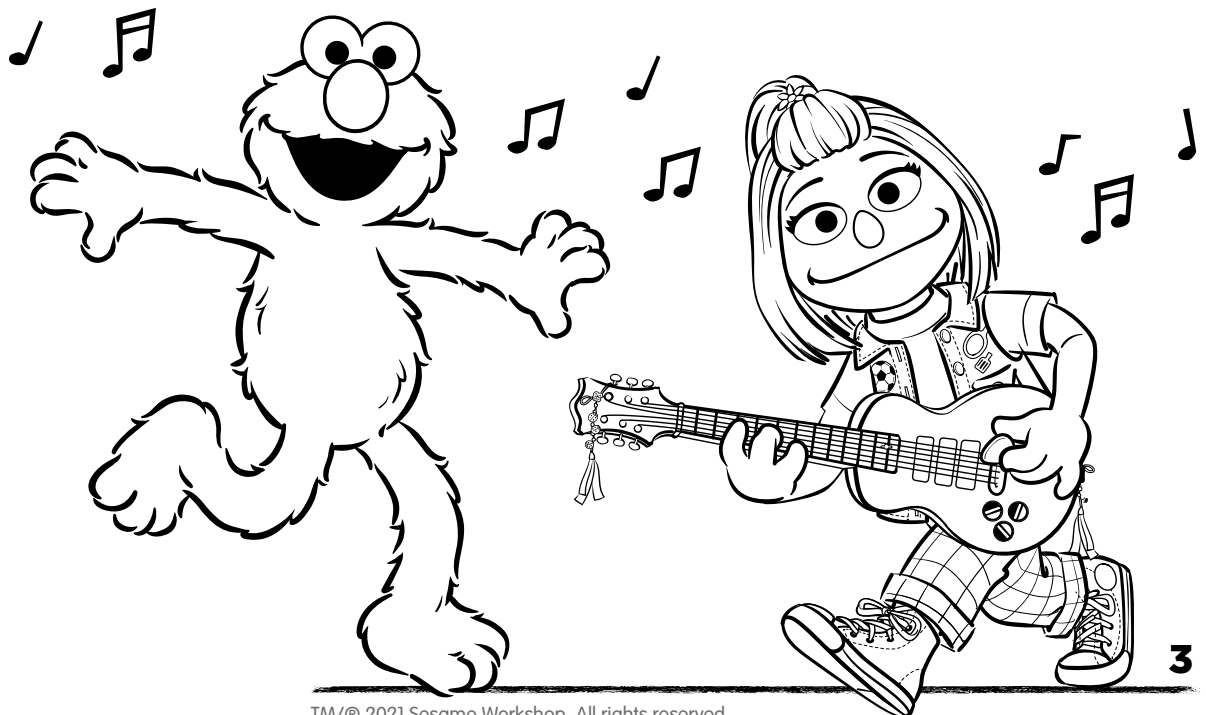
Teach your child the words to the song, "The Friends in Your Neighborhood."
Then, sing and dance along with your Sesame Street friends.
Add new friends to the song by singing about people in your own neighborhood.

The Friends in Your Neighborhood

Oh, who are the friends in your
neighborhood?
In your neighborhood?
In your neighborhood?
Say, who are the friends in your
neighborhood?
The people that you see each day?



*You can also sing and dance along to this
special video, "People in Your Neighborhood"*



Breathe Together

Elmo knows he can talk with his family about his big feelings.

Sharing big feelings can begin with taking three deep belly breaths.

Let's take a deep breath through our noses, and through our mouths.

Let's do this two more times.



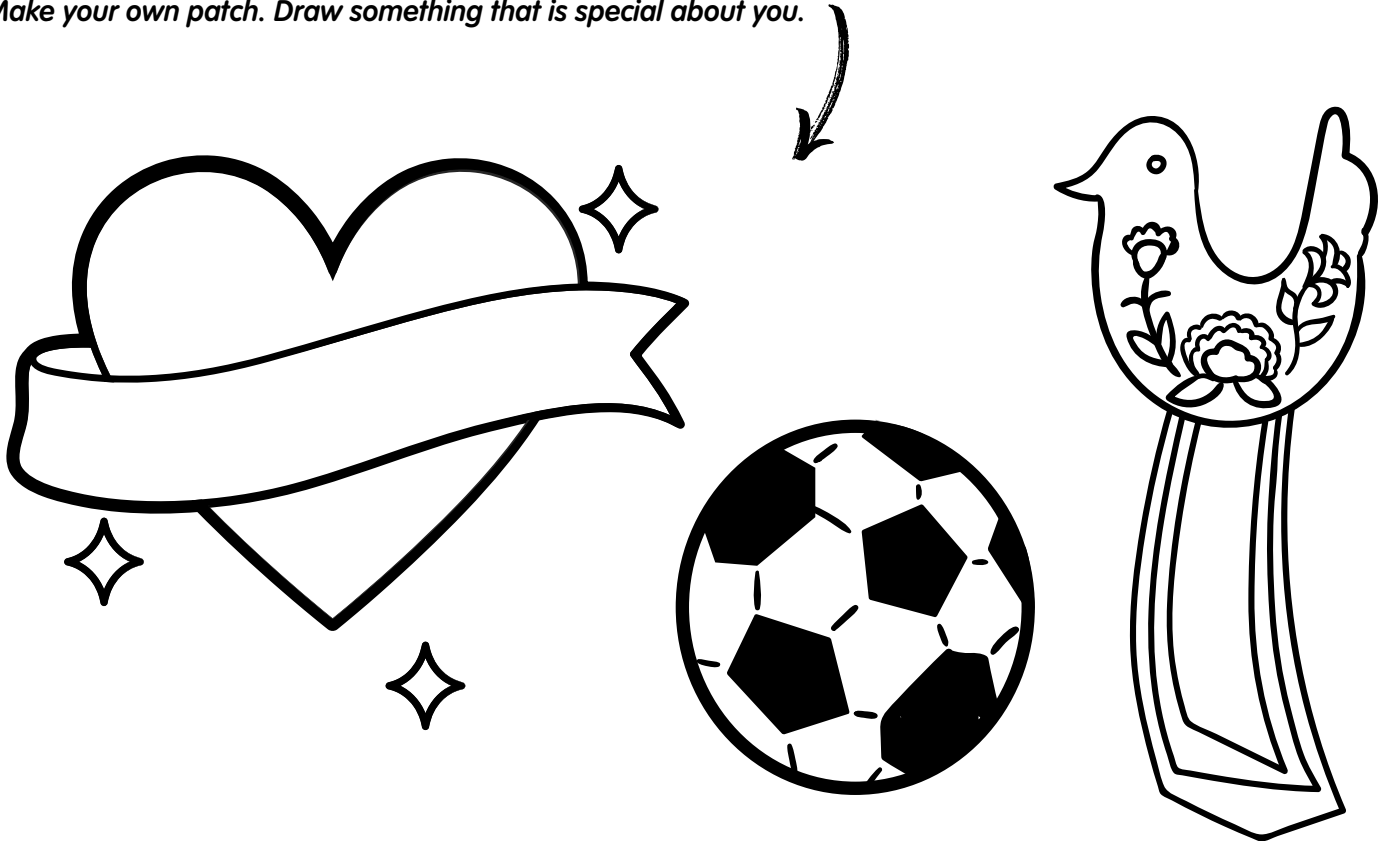
Now, let's color and talk about who are the grown-ups you can talk to about your feelings.

Let's write their names.

Celebrate Together!

Ji-Young wears patches on her vest to show what is special about her. She has a heart patch to show how she is loved by her friends and family, a soccer patch for her favorite sport, and bird for her favorite animal. Color each of these three patches then create your own patch to show how you are special, too.

Make your own patch. Draw something that is special about you.



SESAME STREET

SEE US
COMING
TOGETHER

AN ALL-NEW SPECIAL
STREAMING NOV 25

