

Sesame Street and Autism  
**see amazing in all children**

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**#SeeAmazing**

# Mask Time

Masks help everyone stay healthy. Julia's mom says "Mask Time!" Julia chooses the striped mask. Mom says, "1, 2, 3—Mask On!"

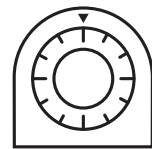


Mom helps Julia put on her mask. It feels a little weird, but Julia waits until Mom says "1, 2, 3—Mask off!" Mom helps Julia take it off.



Julia practices "Mask Time" a lot.

They use a timer to help her keep the mask on for longer each time.



Sometimes Julia and Samuel make funny sounds and laugh with their masks on.



Now Julia can play outside safely. She sees her friend Elmo. Elmo waves and does a little dance. So does Julia!