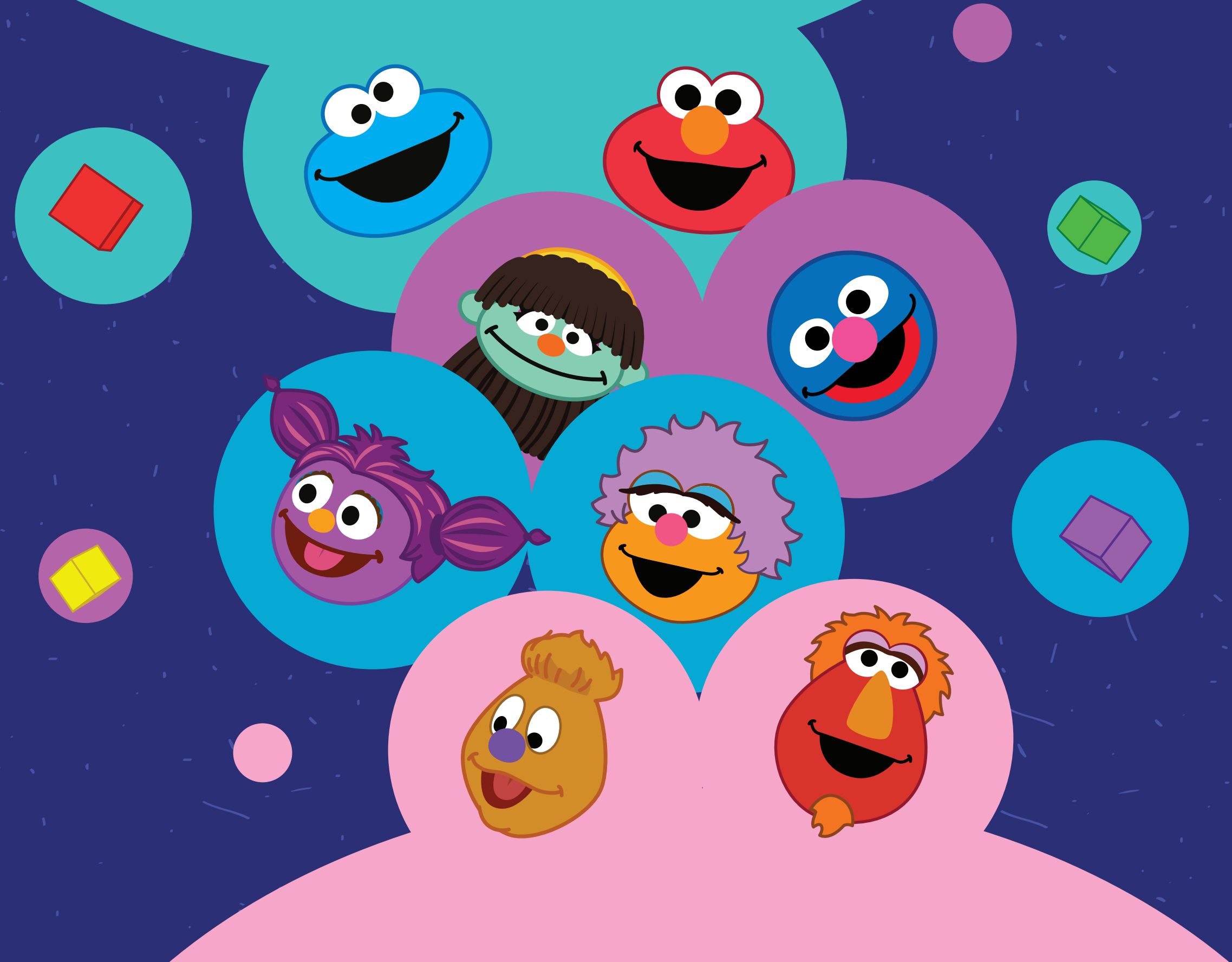


# caring for each other



# Let's Play

Produced by

Created in partnership with



The LEGO Foundation



**The Sesame Street friends love to play.**

**They don't need a lot of stuff to have a lot of fun.**

Basma uses her imagination to go on adventures.

First, I crawl through a deep dark cave.

Then, I jump from stone to stone across a river.

Next, I balance on a tightrope high above the ground.

Finally, I climb a very tall mountain. What an amazing view!



Moving your body is good for your bones and muscles.

Basma can be anything on her adventures!

I can swing my trunk like an elephant.



Flap like a bird.



Hop like a rabbit.



Swim like a fish.



When you have big feelings moving can make you feel better. You can move or dance when you feel sad, upset, or really excited!

Elmo uses his imagination in the bath.

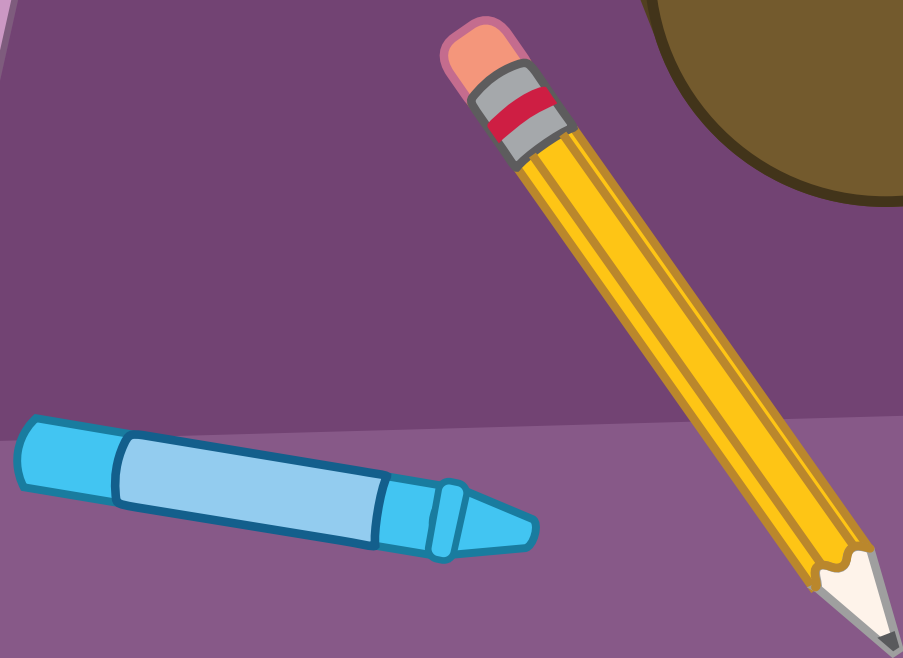
Elmo is on a boat!  
The boat floats  
on the waves.



Washing your face, hands, hair, and  
body keeps you clean and healthy.  
Don't forget to use soap!

Jad can pretend with things he finds around his home.

I am an inventor.



What I see and touch gives me good ideas for inventions.



When your mind or body feels jumpy, try making something. Working with your hands can help you feel calm and confident.

Cookie Monster can pretend with things he finds around his home, too!

Me making a market with lots of food. Yum, yum!  
1, 2, 3, 4, 5 bananas for sale!



Eating fruits and vegetables helps you grow stronger.

Raya can pretend to be a doctor.

Open wide!

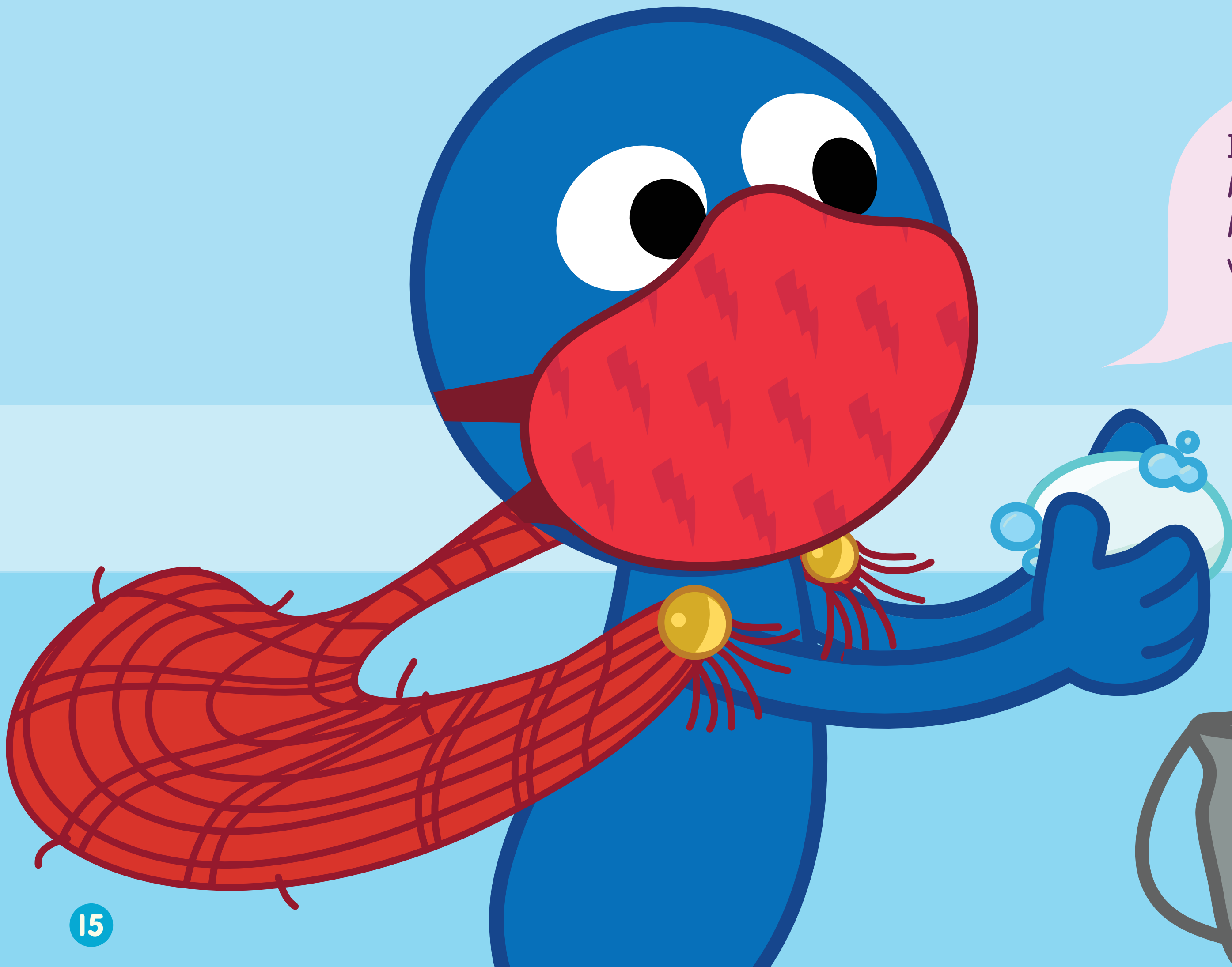
Now I'll take your temperature

I will check how tall you are.

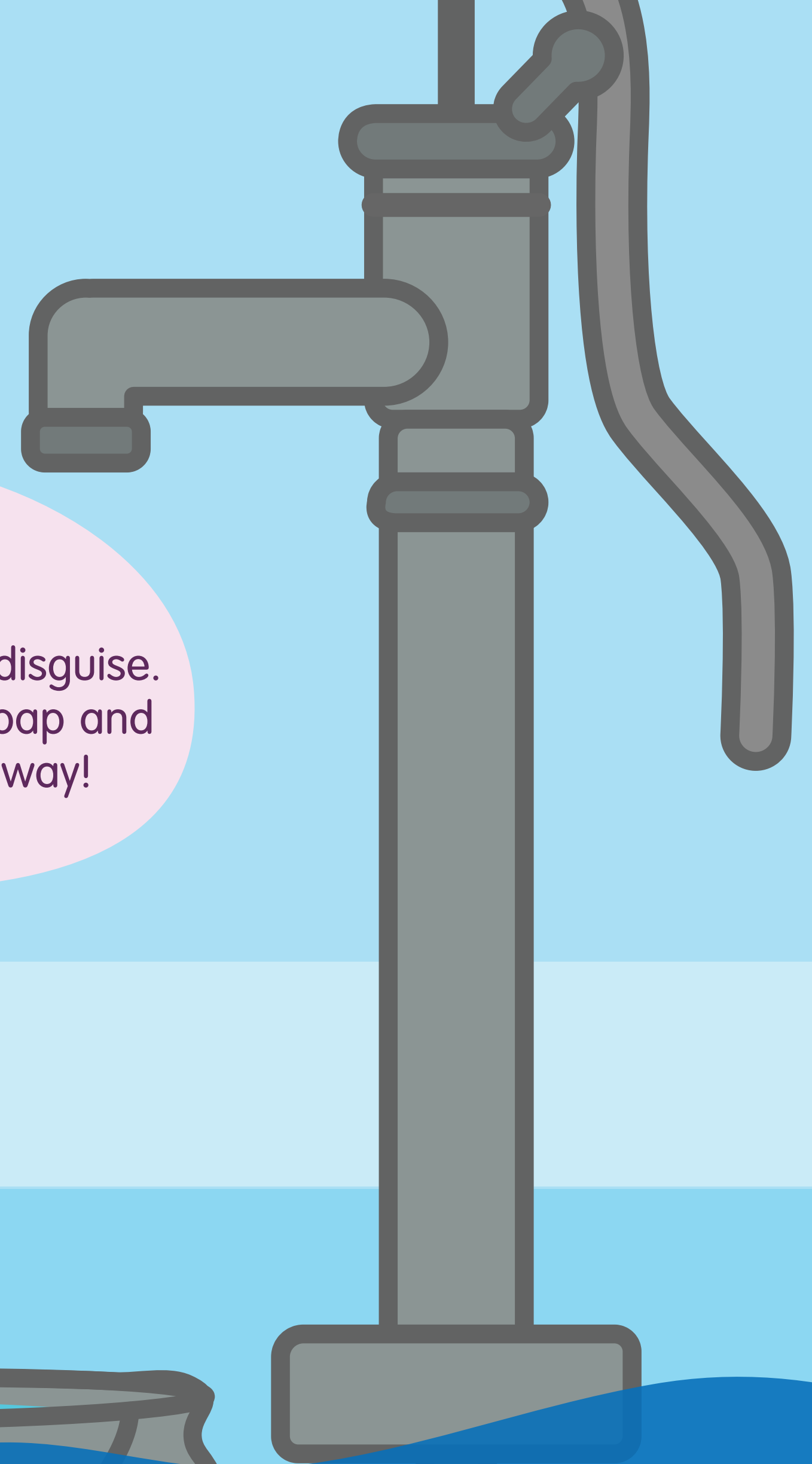
Visiting the doctor helps us keep healthy.



Grover can pretend to be a superhero!



I'm fighting germs!  
My mask keeps me in disguise.  
My special potion of soap and  
water washes germs away!



We can fight germs throughout the day by  
washing our hands for at least 20 seconds.

Elmo can pretend to be Daddy.

Teddy, it's time to brush your teeth. Do the top teeth, bottom teeth, fronts and backs.



Brushing twice a day keeps our teeth and mouth healthy.

Elmo can pretend to be Mommy.

Good night, Teddy. Sweet dreams! Love you!

Getting lots of rest helps us grow stronger and help us fight germs.

Elmo and his family can play together!

Get ready for the Sesame Games! Who can finish the fastest?

Jump on the X five times!

Spin around in the circle five times.

Hop on one foot five times on each triangle!



With our imaginations, we can have so much fun!

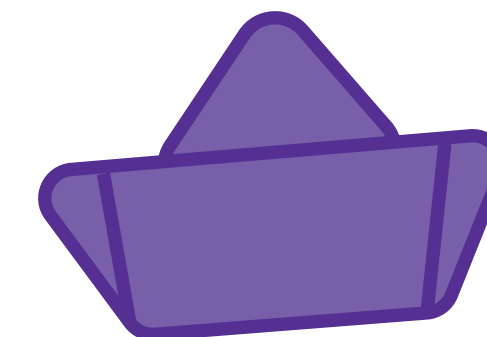
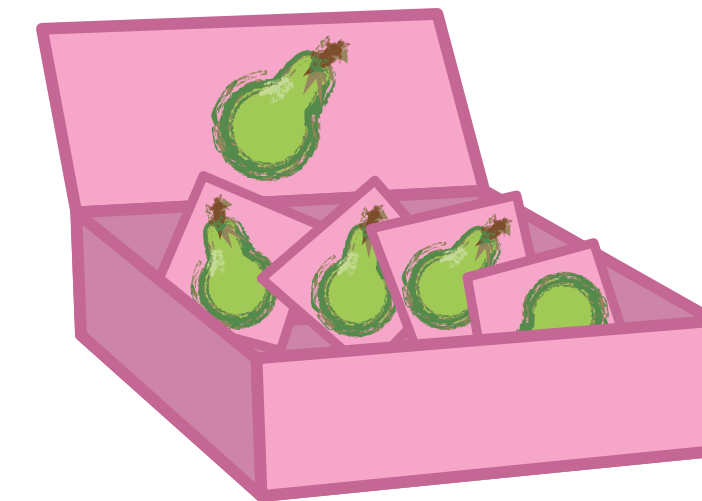
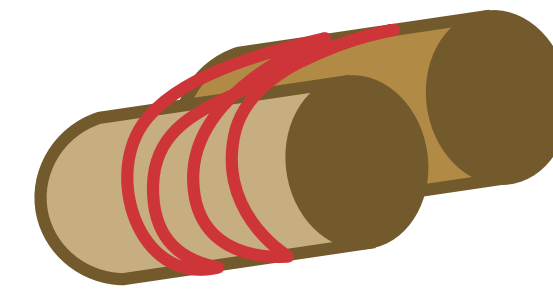
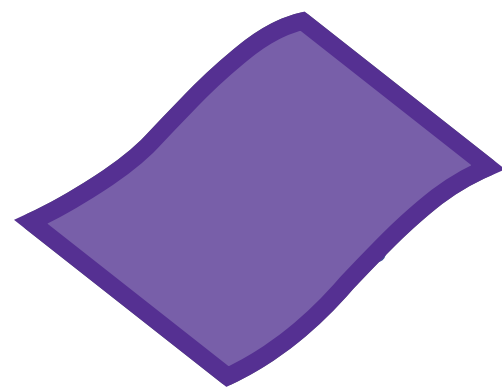
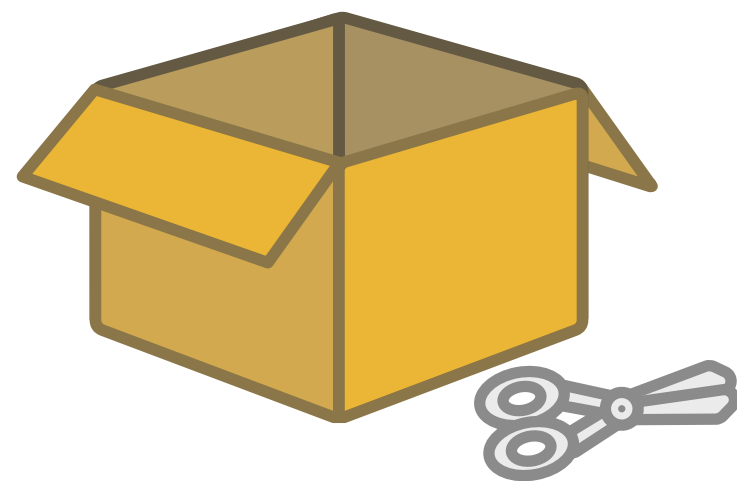
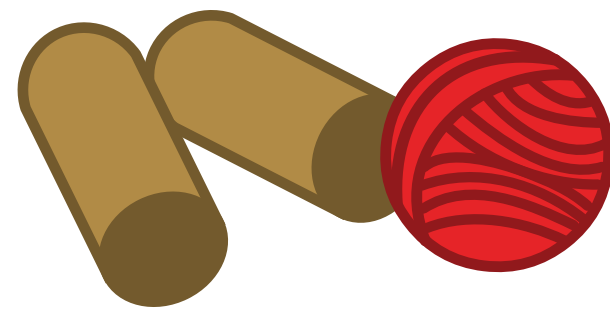
# You can pretend

just like the Sesame Street friends.

## Pretend to:

- ◀ Go on an adventure
- Travel in a vehicle
- ★ Be an animal, inventor, or shop-keeper, doctor, superhero, Mommy, or Daddy!

Match the object to what you could do using your imagination!



# After-Reading

- 1 Talk about the book with your child.
- 2 Go back through and look at the pictures of Basma on pages 5-6.
- 3 Point to a picture and say: Basma is moving like an animal. What animal do you think Basma is here?
- 4 Let's move like a (animal)!
- 5 We can always use our imagination to find ways to play.

