

Towards a healthier Malaysia

REGISTRATION is open for organisations of various sizes and across all industries, to be part of "Malaysia's Healthiest Workplace 2018 by AIA Vitality". The annual survey, in its second year, analyses information gleaned from the report and aims to help employers identify effective interventions and remodel work spaces to benefit all.

"The response towards the survey in 2017 has been very encouraging and we know that the health and well-being of employees will continue to be a crucial topic in Malaysia as we look towards increasing workforce productivity and well-being. Our inaugural survey in 2017 discovered that Malaysia experiences a high loss of productivity, as the average annual cost of health-related absenteeism and presenteeism (referring to being unwell yet at work) is approximately RM2.7 million per organisation," shared AIA Berhad CEO Anusha Thavarajah.

The survey is free to enter and open to companies with a minimum of 20 employees. Registration is open until May 31.

At year end, the survey will identify and award Malaysia's Healthiest Employer,



Healthiest Employees and Healthiest Workplace across three organisation sizes – small (20-249 employees); medium (250 to 999 employees); and large (over 1,000 employees). This year, a new award category "Malaysia's Most Improved Workplace" will assess companies who participated last year who are also taking

part in the 2018 survey.

Participating employers will each receive an "Organisational Assessment Report" revealing "findings" from both employer and employee responses. Each participating employee will also be given a comprehensive overview on their health and well-being (lifestyle, clinical indicators, mental health, stress, etc) along with a personal report detailing their AIA Vitality Age.

"It is our goal that we (AIA) continue to equip employers with the best insights and strategies to help improve business productivity while also improving well-being in the workplace and helping employees in Malaysia live healthier, longer and lead better lives," Anusha said.

Register now to participate at www.healthiestworkplace.aia.com