

Decade of Development Workshop

Integrating Performance Pathway coaches, scientists, and leaders to fuel success in 2032



27 – 28 April 2022

Mantra Twin Towns, Tweed Heads, NSW

The *AIS Decade of Development Workshop* will **connect** pathways leaders, coaches and performance support staff and **inspire** with stories of innovative solutions for pathway programs from across elite sport.

Workshop Objectives

- Connect all NSO Pathway Leads, Coaches and Performance Support Staff;
- Showcase real-world examples of science being used to solve pathway problems;
- Hear from a world renowned expert in coach and athlete development, Jean Cote;
- Explore planning and strategies for consideration over the next decade towards Brisbane 2032;
- Present the AIS Performance Pathway Strategy and Investment process.

Audience

- Elevate Coach Alumni
- Pathway Leaders
- Pathway Practitioners
- Pathway Coaches
- Invited guests from National Institute Network

The Australian Institute of Sport acknowledges all Traditional Owners of country throughout Australia. We pay respect to Elders past and present and recognise the valuable contribution Aboriginal and Torres Strait Islander people make to Australian society and sport.

Program Outline



AIS Decade of Development Workshop

Day 1 : Wednesday 27th April

Time	Where Do I Need To Be?	Session
From 11.00am	Arrival Mantra Twin Towers, Coolangatta	<i>Coffee / Tea served on arrival</i>
11:30am – 11:45am	All Room TBC	Program Welcome <i>Jamie Salter, AIS Manager Performance Pathways</i>
11:45am – 1:30pm <i>(includes 15 min break)</i>	All except Elevate Coach Alumni <i>River Room</i>	Pathways Science Showcase ⇒ Strategies Used To Enhance Learning Designs: A Case Study in Para Table Tennis <i>Ross Pinder, Innovation Lead, Paralympics Australia</i> ⇒ The Swimmer's Fingerprint: An Objective Talent Profiling Tool <i>Lachlan Mitchell, Pathway Performance Support Manager, Swimming Australia</i> MINI-BREAK ⇒ The Athlete Jigsaw: Realtime Tracking Of Pathways Athletes' Performance, Thoughts And Feelings <i>Ken Lynch, National Performance Pathways Manager, Australia Sailing</i> ⇒ From Pathways To Senior Elite: Aligning Paddle Australia's Data Infrastructure <i>Nicola Bullock, Pathways Performance Scientist, Paddle Australia</i>
11:45am – 1:30pm <i>(includes 15 min break)</i>	Elevate Coach Alumni <i>Wharf Room</i>	Coach Wellbeing <i>Tegan Davies, The Oranges Toolkit & Graham Turner, AIS</i>
1:30pm – 2:30pm	Lunch Room TBC	
2:30pm – 4:10pm	NSO and NIN Pathway Leaders <i>Border Room</i>	<i>Parallel Session:</i> ⇒ Introduction to the AIS Performance Pathways Team and Investment Strategy <i>Jamie Salter, Kable Kelleway & Elissa Morley, AIS</i> ⇒ Activity: Getting to know the pathway leads network
2:30pm – 4:10pm	Coaches and performance support practitioners <i>River Room</i>	<i>Parallel Session:</i> Interactive Workshop: Matching Solutions with Problems <i>Clare Humberstone & Simon Rogers, AIS</i>
2:30pm – 5:30pm	Elevate Coach Alumni <i>Wharf Room</i>	<i>Parallel Session:</i> Transformational Leadership Workshop <i>Jean Côté, Professor and Director in the School of Kinesiology and Health Studies at Queen's University at Kingston (Canada)</i>
4:10pm - 4:30pm	Break	
4:30pm – 5:30pm	All except Elevate Coach Alumni <i>River Room</i>	Collective Intelligence Taking Us Towards 2032: A Concept Mapping Activity <i>Jamie Salter & Simon Rogers</i>
7:30pm	Dinner Room TBC	

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Day 2 : Thursday 28th April

Time	Where Do I Need To Be?	Session
7:00am – 8:00am	All Welcome <i>Meet in Hotel Lobby</i>	Social Exercise Session (Optional)
From 7:00am	Breakfast Mantra Twin Towns, Tweed Heads	Served for hotel residents only
9:00am – 10:30am	All <i>River Room</i>	Keynote Developing The World's Best Talent <i>Jean Côté, Professor and Director in the School of Kinesiology and Health Studies at Queen's University at Kingston (Canada)</i>
10:30am – 11:00am	Break <i>Room TBC</i>	
11:00am – 12:15pm	All <i>Room TBC</i>	Pathways Science Showcase ⇒ Athlete Centered Coaching: Turning Learning Science Into Action <i>Belinda Cox, Trampoline Performance And Pathways Manager, Gymnastics NSW</i> ⇒ Using Data To Underpin Performance Decisions <i>Craig Pickering and Mitch Mooney, Athletics Australia</i> ⇒ Prevention And Availability In Sport: Challenges And Opportunities <i>Paula Charlton, Performance Health Manager, Triathlon Australia</i>
12:15pm – 1:00pm	Lunch <i>Room TBC</i>	
1:00pm – 1:45pm	All <i>Room TBC</i>	Pathways Science Showcase ⇒ Supporting The Athlete Learning Curve: On-Field Performance Analysis Can Be A Home Run <i>Andrew Riddell, Baseball Australia</i> ⇒ Using Science To Help Support Rowing Australia's Pathways Philosophy <i>Tony Rice, Head Of Performance Support , Rowing Australia</i>
1:45pm – 2:00pm	All <i>Room TBC</i>	Wrap Up and Conclusion <i>Jamie Salter, AIS Manager Performance Pathways</i>
2:00pm	Departure	Travel safe

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