

# Ingredients

## Cookies

Tiff's Treats® Chocolate Chip Cookie	Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, semi-sweet chocolate (chocolate liquor, sugar, milkfat, soy lecithin, natural flavor), palm oil, eggs, artificial and natural flavors (milk), salt, molasses, baking soda. CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Peanuts and Tree Nuts (Including Almonds, Pecans, and Walnuts)
Tiff's Treats® Double Chocolate Chip Cookie	Sugar, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), semi-sweet chocolate (chocolate liquor, sugar, milkfat, soy lecithin, natural flavor), palm oil, eggs, cocoa processed with alkali, invert sugar, salt, natural flavor, baking soda. CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Peanuts and Tree Nuts (Including Almonds, Pecans, and Walnuts)
Tiff's Treats® Oatmeal Chocolate Chip Cookie	Sugar, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), semi-sweet chocolate (chocolate liquor, sugar, milkfat, soy lecithin, natural flavor), palm oil, oats, eggs, artificial and natural flavors (milk), salt, molasses, baking soda. CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Peanuts or Tree Nuts (Including Almonds, Pecans, and Walnuts)
Tiff's Treats® Chocolate Chip Pecan Cookie	Sugar, semi-sweet chocolate chips (chocolate liquor, sugar, milkfat, soy lecithin, and vanilla), enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), pecans, eggs, enriched bleached flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), butter [cream (milk), salt], palm oil, contains less than 2% of: natural and artificial flavors (water, propylene glycol, alcohol (12% ABV), sugar, glycerin, vanillin and other artificial flavors, caramel color and other natural flavors including vanilla bean extract), salt, molasses, baking soda. CONTAINS: Egg, Wheat, Milk, Soy, and Pecans MAY CONTAIN: Peanuts and Tree Nuts (Including Almonds, Pecans, and Walnuts)
Tiff's Treats® Peanut Butter Cookie	Sugar, enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), peanut butter (peanuts, dextrose, hydrogenated rapeseed and cottonseed oil, salt), enriched bleached flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), eggs, butter [cream (milk), salt], palm oil, peanut butter chips (sugar, palm kernel and palm oil, partially defatted peanut flour, nonfat dry milk solids, peanuts, anhydrous dextrose, soy lecithin (an emulsifier), and salt), water, contains less than 2% of: natural and artificial flavors (water, propylene glycol, alcohol (12% abv), sugar, glycerin, vanillin and other artificial flavors, caramel color and other natural flavors including vanilla bean extra), salt, molasses, baking soda. CONTAINS: Egg, Wheat, Milk, Soy, and Peanuts MAY CONTAIN: Tree Nuts (Including Almonds, Pecans, and Walnuts)
Tiff's Treats® Peanut Butter Chocolate Chip Cookie	Peanut butter [peanuts, sugar, salt, fully hydrogenated vegetable oil (rapeseed, cottonseed, soybean), palm oil], semi-sweet chocolate chips (chocolate liquor, sugar, milkfat, soy lecithin, and vanilla), enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, brown sugar, enriched bleached flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), eggs, butter [cream (milk), salt], palm oil, water, contains less than 2% of: nonfat dry milk, natural and artificial flavors (water, propylene glycol, alcohol (12% ABV), sugar, glycerin, vanillin and other artificial flavors, caramel color and other natural flavors including vanilla bean extract), salt, molasses, baking soda. CONTAINS: Egg, Wheat, Milk, Soy, and Peanuts MAY CONTAIN: Tree Nuts (Including Almonds, Pecans, and Walnuts)
Tiff's Treats® Sugar/Snickerdoodle Cookie	Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, palm oil, eggs, artificial and natural flavors (milk), salt, molasses, baking soda. CONTAINS: Egg, Wheat, and Milk MAY CONTAIN: Peanuts or Tree Nuts (Including Almonds, Pecans, and Walnuts)
Tiff's Treats® Sugar Cookie with M&M's®	Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, m&m's® candies (milk chocolate [sugar, chocolate, skim milk, cocoa butter, lactose, milkfat, soy lecithin, salt, artificial and natural flavors], sugar, less than 2% - coloring [includes blue 1 lake, red 40, yellow 6, yellow 5, blue 1, red 40 lake, yellow 6 lake, yellow 5 lake, blue 2 lake, blue 2], corn syrup, dextrin, cornstarch, carnauba wax), palm oil, eggs, artificial and natural flavors (milk), salt, molasses, baking soda. M&M's® is a registered trademark of Mars, Incorporated and/ or its affiliates. Mars, Incorporated and its affiliates have no affiliation with and have no participation in the production or distribution of this product. CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Peanuts or Tree Nuts (Including Almonds, Pecans, and Walnuts)
Tiff's Treats® Oatmeal Raisin Cookie	Sugar, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), palm oil, oats, raisins, eggs, salt, artificial and natural flavors (milk), molasses, baking soda. CONTAINS: Egg, Wheat, and Milk MAY CONTAIN: Peanuts or Tree Nuts (Including Almonds, Pecans, and Walnuts)
Tiff's Treats® White Chip Almond Cookie	Sugar, enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin monoitrate, riboflavin, folic acid), white chocolate chips (sugar, palm kernel oil, whole milk powder, nonfat dry milk, palm oil, soy lecithin, vanilla), eggs, enriched bleached flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamin monoitrate, riboflavin, folic acid), butter [cream (milk), salt], palm oil, almonds, contains less than 2% of: natural and artificial flavors (water, propylene glycol, alcohol (12% abv), sugar, glycerin, vanillin and other artificial flavors, caramel color and other natural flavors including vanilla bean extra), salt, molasses, baking soda. CONTAINS: Egg, Wheat, Milk, Soy, and Almonds MAY CONTAIN: Peanuts and Tree Nuts (Including Almonds, Pecans, and Walnuts)
Tiff's Treats® Birthday Confetti Cookie	Enriched bleached flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, palm oil, white chocolate (sugar, cocoa butter, whole milk powder, nonfat milk powder, soy lecithin, vanilla and natural flavor), eggs, pastel confetti blend (sugar, rice flour, vegetable oil (palm kernel oil and/or palm oil), corn starch, cellulose gum, carrageenan, soy lecithin, titanium dioxide (color), yellow 5, red 3, artificial flavor, blue 1), butter [cream (milk), salt], contains less than 2% of: natural and artificial flavors (water, propylene glycol, alcohol (12% abv), sugar, glycerin, vanillin and other artificial flavors, caramel color and other natural flavors including vanilla bean extract), salt, water, baking soda. CONTAINS: Egg, Milk, Soy, and Wheat MAY CONTAIN: Peanuts and Tree Nuts (Including Almonds, Pecans, and Walnuts)
Tiff's Treats® Lemon Sugar Cookie	Enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, eggs, butter [cream (milk), salt], palm oil, brown sugar, contains less than 2% of: salt, lemon extract (cane alcohol, lemon oil, water), natural and artificial flavors (water, propylene glycol, alcohol (12% abv), sugar, glycerin, vanillin and other artificial flavors, caramel color and other natural flavors including vanilla bean extract), baking soda. CONTAINS: Egg, Milk, and Wheat MAY CONTAIN: Peanuts and Tree Nuts (Including Almonds, Pecans, and Walnuts)
Tiff's Treats® Individually Wrapped Chocolate Chip (SHIP only)	Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, semi-sweet chocolate (chocolate liquor, sugar, milkfat, soy lecithin, natural flavor), palm oil, eggs, wheat starch, artificial and natural flavors (milk), glycerin, salt, molasses, baking soda. CONTAINS: Egg, Milk, Wheat, and Soy MAY CONTAIN: Peanuts, almonds, cashews, coconut, hazelnuts, macadamia nuts, pecans, pine nuts, pistachios, walnuts

# Ingredients (continued)

## Brownies/Bars

Classic Chocolate	Semi-sweet chocolate chips (sugar, chocolate, chocolate liquor, cocoa butter, milk fat soy lecithin, vanilla, natural flavor, milk), sugar, enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), butter (cream, salt), eggs, natural and artificial flavor, salt. CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Peanuts and Tree Nuts (Including Almonds, Pecans, and Walnuts)
Salted Caramel Blondie	Toffee [sugar, vegetable oil (palm oil, sunflower oil), dairy butter (milk), almonds, salt, soy lecithin, chocolate], enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), brown sugar (sugar, molasses), sugar, white compound chips (sugar, palm kernel oil, whole milk powder, nonfat dry milk, palm oil, soy lecithin, vanilla extract), butter (cream, salt), eggs, walnuts, palm kernel and palm oil, corn starch, salt, natural and artificial flavors (sugar, vanillin, caramel color), whey, whole milk, baking powder (sodium acid pyrophosphate, corn starch, sodium bicarbonate, mono calcium phosphate), fruit and vegetable juice for color (apple, carrot, hibiscus), sunflower lecithin, vanilla, annatto (color). CONTAINS: Egg, Wheat, Milk, Soy, and Treenuts (Almonds, Walnuts) MAY CONTAIN: Pecans and Peanuts
Peanut Butter Chocolate Bar	Flour (wheat flour, malted barley flour, niacin, Iron, thiamin mononitrate, riboflavin, folic acid),sugar, semi-sweet chocolate chips (semi-sweet chocolate (sugar, chocolate, cocoa butter, milk fat, soy lecithin, vanillain, artificial flavor, milk), shortening (palm oil) peanut butter (peanuts, dextrose, hydrogenated vegetable oil(rapeseed, cottonseed and soybean) liquid eggs (whole eggs, citric acid, 0.15% water added as carrier for citric acid. Citric acid added to preserve color), brown sugar, milk, salt (salt, dextrose, potassium iodide 0.006%, sodium bicarbonate yellow prussiate of soda), vanilla (water propylene glycol alcohol sugar glycerin vanilla & other artificial flavors caramel color, vanilla bean extractives), butter flavoring, baking soda (sodium bicarbonate, sodium silicoaluminate (anti-caking agent) hershey chocolate bar, milk chocolate [sugar; milk; chocolate; cocoa butter;milk fat lecithin (soy); pgpr; natural flavor. CONTAINS: Egg, Wheat, Milk, Soy, and Peanuts MAY CONTAIN: Almonds, Pecans, and Walnuts

## Truffles

Chocolate Chip Cookie	Dark chocolate coating wafers (sugar, palm kernel and palm oils, cocoa (processed with potassium carbonate), nonfat milk, sunflower lecithin and vanilla), heat-treated wheat flour, sugar, toffee bits (sugar, vegetable oil [palm oil, sunflower oil] , dairy butter (milk), almonds, contains 2% or less of: salt, lecithin, (soy), chocolate), butter (cream, natural flavor), semi-sweet chocolate (sugar, chocolate, cocoa butter, milk fat, soy lecithin; vanillin, artificial flavor, milk), palm oil, brown sugar, nonpareils (sugar, dextrin, starch, titanium dioxide, FD&C colors (Red #40, Yellow #5, Blue #5, Yellow #6, Red #3) and carnauba wax), salt, water, vanilla flavor. CONTAINS: Wheat, Milk, Soy, and Almonds MAY CONTAIN: Pecans, Walnuts, and Peanuts
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## Frost 'ems'

Vanilla Buttercream	Powdered sugar, vegetable shortening (palm oil, canola oil, mono & di glycerides and poly 60), butter (cream, natural flavor), water, less than 2% of: vanilla extract. CONTAINS: Milk MAY CONTAIN: Egg, Wheat, Soy, Peanuts, and Tree Nuts (Including Almonds, Pecans, and Walnuts)
Strawberry	Powdered sugar, vegetable shortening (palm oil, canola oil, mono & di glycerides and polysorbate 60), butter (cream, natural flavor), water, less than 2% of: freeze dried strawberry powder, artificial extract, strawberry extract, natural. CONTAINS: Milk MAY CONTAIN: Egg, Wheat, Soy, Almonds, Pecans, Walnuts, and Peanuts
Chocolate	Powdered sugar, vegetable shortening (palm oil, canola oil, mono & di glycerides and polysorbate 60), butter (cream, natural flavor), water, dutch cocoa powder, less than 2% of: artificial extract, chocolate extract. CONTAINS: Milk and Soy MAY CONTAIN: Egg, Wheat, Almonds, Pecans, Walnuts, and Peanuts

## Take & Bake

Chocolate Chip	Wheat flour, sugar, semi-sweet chocolate chips (chocolate liquor, sugar, milkfat, soy lecithin and vanilla), eggs, butter [cream (milk), salt], palm oil, contains less than 2%: salt, natural and artificial flavor (water, propylene glycol, alcohol (12%ABV), sugar, glycerin, vanillin and other artificial flavors, caramel color and other natural flavors including vanilla bean extract), molasses, baking soda. CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Almonds, Pecans, Walnuts, and Peanuts
Snickerdoodle	Wheat flour, sugar, eggs, butter (cream [milk], salt), palm oil, salt, artificial and natural flavor, molasses, baking soda, cinnamon. CONTAINS: Egg, Wheat, and Milk MAY CONTAIN: Peanuts and Tree Nuts (Including Almonds, Pecans, and Walnuts)

## Ice Cream

Vanilla Pint/Scoop/Tiffwich®	Milk, cream, sugar, skim milk, high fructose corn syrup, natural and artificial vanilla flavor, cellulose gum, vegetable gums (guar, carrageenan, carob bean), salt, annatto color. CONTAINS: Milk
Cookies 'n Cream	Milk, cream, sugar, skim milk, chocolate crème filled cookies [sugar, wheat flour, palm oil, cocoa (processed with alkali), high fructose corn syrup, soy lecithin, natural and artificial flavor, salt, baking soda], high fructose corn syrup, corn syrup, natural and artificial flavor, cellulose gum, vegetable gums (guar, carrageenan, carob bean), annatto color. CONTAINS: Wheat, Milk, and Soy
Chocolate	Milk, cream, skim milk, sugar, high fructose corn syrup, cocoa (processed with alkali), cellulose gum, vegetable gums (guar, carrageenan, carob bean), salt. CONTAINS: Milk
Mint Chocolate Chip	Milk, cream, skim milk, sugar, high fructose corn syrup, vegetable fat (coconut and/or palm kernel), corn syrup, cocoa (processed with alkali), contains 2% or less of butter oil, artificial color (includes yellow 5, blue 1), cellulose gum, vegetable gums (guar, carrageenan, carob bean), soy lecithin, PGPR (emulsifier), vanilla extract, annatto color, peppermint oil. CONTAINS: Milk and Soy

# Nutrition Info

	Total Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Allergens
<b>Cookies, Brownies &amp; Bars</b>												
Brownies [whole square]***	426	185	21	12.5	0.4	67	183	61	3	45.5	5	EGG, WHEAT, MILK, AND SOY
Brownie [1/2 square]***	213	92.5	10.5	6.25	0.2	33.5	91.5	30.5	1.5	22.75	2.5	EGG, WHEAT, MILK, AND SOY
Salted Caramel Blondie Bar***	463	203	23	12	0	41	414	63	1	44	4	EGG, WHEAT, MILK, SOY, AND TREENUTS
Peanut Butter Chocolate Bar***	1110	380	43	24	0	35	410	85	6	67	13	EGG, WHEAT, MILK, SOY, AND PEANUTS
Chocolate Chip***	190	--	10	5	0	15	190	25	1	14	2	EGG, WHEAT, MILK, AND SOY
Chocolate Chip Pecan***	190	--	11	4.5	0	20	140	23	1	14	3	EGG, WHEAT, MILK, SOY, AND PECANS
Sugar Cookie with M&Ms***	180	--	8	4	0	15	190	24	1	15	2	EGG, WHEAT, MILK, AND SOY
Oatmeal Raisin***	170	--	7	3.5	0	20	200	26	1	15	2	EGG, WHEAT, AND MILK
Oatmeal Chocolate Chip***	190	--	9	4.5	0	15	180	25	1	13	3	EGG, WHEAT, MILK, AND SOY
Peanut Butter***	190	--	10	4.5	0	20	220	21	1	12	3	EGG, WHEAT, MILK, SOY, AND PEANUTS
Peanut Butter Chocolate Chip***	190	--	10	4.5	0	20	190	22	1	13	3	EGG, WHEAT, MILK, SOY, AND PEANUTS
Sugar***	170	--	8	4	0	15	220	23	0	12	2	EGG, WHEAT, AND MILK
Snickerdoodle***	170	--	8	4	0	15	220	23	0	12	2	EGG, WHEAT, AND MILK
White Chip Almond***	190	--	9	5	0	25	170	23	0	14	3	EGG, WHEAT, MILK, SOY, AND ALMONDS
Double Chocolate Chip***	190	--	10	5	0	15	170	25	1	15	2	EGG, WHEAT, MILK, AND SOY
Birthday Confetti***	180	--	8	4	0	15	125	26	0	15	2	EGG, WHEAT, MILK, AND SOY
Lemon Sugar***	180	--	8	4	0	25	260	25	0	14	2	EGG, WHEAT, AND MILK
Individually Wrapped Chocolate Chip***	190	--	10	5	0	15	190	25	1	15	2	EGG, WHEAT, MILK, AND SOY

<b>Milk</b>												
1% White	110	--	2.5	1.5	0	10	125	13	0	12	8	MILK
Chocolate	160	--	2.5	1.5	0	10	220	27	0	25	8	MILK

<b>Sodas</b>												
Coke®	240	0	0	0	0	0	75	65	0	65	0	
Diet Coke®	0	0	0	0	0	0	70	0	0	0	0	
Water	0	0	0	0	0	0	0	0	0	0	0	

<b>Starbucks® Frappuccino®</b>												
Mocha	180	30	3	2	0	15	95	33	0	31	6	*See packaging for allergen info
Vanilla	200	30	3	2	0	15	100	37	0	31	6	*See packaging for allergen info

<b>Ice Cream</b>												
Chocolate Pint	600	320	32	20	0	140	200	64	<1g	60	12	*See packaging for allergen info
Cookies 'n Cream Pint	720	320	36	20	0	120	340	80	0	64	12	*See packaging for allergen info
Mint Chocolate Pint	720	360	40	24	0	120	200	76	0	68	16	*See packaging for allergen info
Vanilla Pint	640	280	32	20	0	120	260	72	0	68	16	*See packaging for allergen info
Vanilla Scoop	160	70	8	5	0	35	65	18	0	18	4	*See packaging for allergen info
Tiffwich® Ice Cream Scoop	130	60	7	4	0	25	55	15	0	15	3	MILK

<b>Frost 'ems®</b>												
Vanilla Buttercream***	370	--	22	11	0	15	0	44	0	43	0	MILK***
Strawberry***	370	--	21	11	0	15	0	45	0	43	0	MILK***
Chocolate***	360	--	21	10	0	15	10	44	1	40	1	MILK***

<b>Take &amp; Bake</b>												
Chocolate Chip***	180	--	9	5	0	20	200	25	1	13	2	WHEAT, MILK, SOY, EGG
Snickerdoodle***	180	--	8	4.5	0	30	270	25	0	13	2	WHEAT, MILK, EGG

<b>Truffles</b>												
Chocolate Chip Cookie***	270	--	15	10	0	10	180	34	<1	24	2	WHEAT, MILK, SOY, ALMOND

Percent Daily Values are based on a 2,000-calorie diet. Your daily values may be higher or lower depending on your calorie needs. The nutritional information provided is based on Tiff's Treats standard product formulation. All nutritional information is rounded according to the FDA's regulations. \*\*Allergens listed are contained within ingredients in that formulation. However, all products are produced on shared equipment and may be subject to cross-contact with other allergens during the production process. All items are prepared in a common kitchen on shared equipment and cannot be guaranteed to not come in contact with any of the listed allergens. Tiff's Treats DOES NOT recommend our cookies be consumed by anyone with an allergy to any of the listed allergens. \*\*\*Produced in a facility that has Wheat, Milk, Soy, Eggs, Peanuts and/or Tree Nuts.