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## WRITTEN DECLARATION

submitted under Rule 136 of the Rules of Procedure

on promoting fish consumption

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Lapse date: 12.12.2016

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**Written declaration, under Rule 136 of Parliament's Rules of Procedure, on promoting fish consumption<sup>1</sup>**

1. The latest data on the EU market, including 2015, confirm a downward trend in fish consumption.
2. This worrying trend requires concerted action at EU level to boost such consumption.
3. Eating fish dramatically reduces the chances of dying of a heart attack, improves children's brain development and slows brain aging.
4. Fish provides almost 20 % of the animal protein intake of more than 3 billion people.
5. A 150 g portion of fish can provide up to 60 % of an adult's daily protein requirements, as well as healthy fats such as Omega 3.
6. The Commission and the Council are hence called upon to mobilise available funding and to conduct an information campaign for EU citizens aimed at promoting the added value of fish consumption.
7. This declaration, together with the names of the signatories, is forwarded to the Council and the Commission.

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<sup>1</sup> Under Rule 136(4) and (5) of Parliament's Rules of Procedure, where a declaration is signed by a majority of Parliament's component Members, it is published in the minutes with the names of its signatories and forwarded to the addressees, without however binding Parliament.