

**Question for written answer E-000130/2025
to the Commission**
Rule 144
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Subject: Romania's contribution to the Cardiovascular Health Plan for Europe

The cardiovascular diseases which European citizens may encounter affect the health of the heart and circulatory system in the form of conditions that include heart failure, stroke, cardiac arrhythmia and high blood pressure. These can be prevented by adopting a healthy lifestyle.

Unfortunately, while cardiovascular diseases affect both women and men, the symptoms manifest themselves differently, which is why the focus must be on prevention, timely diagnosis and the adoption of a healthy lifestyle, in order to avoid complications and maintain heart health.

The scale of these conditions is nevertheless increasing with the ageing of the European population. Cardiac diseases regrettably remain the main cause of death, and in Romania the cardiovascular disease mortality rate is 2.5 times above than the EU average.

Given these circumstances:

1. How can Romania harmonise the concrete measures under the National Strategy for Combating Cardiovascular and Cerebrovascular Diseases 2024-2030 with the Cardiovascular Health Plan for Europe?
2. How can Member States, including Romania, access the European Union's financial and research resources to help prevent cardiovascular diseases?

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