

SEPTEMBER 2025

Small Acts, Big Impact



RANDOM ACTS OF KINDNESS
FOUNDATION®

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	Buy a coffee for the person behind you in line. A small gesture that can brighten someone's day.	Leave uplifting notes in public places like library books, on bathroom mirrors, or on a community bulletin board.	Collect and donate spare change to a charity or cause. Even small amounts can add up to make a difference.	Give a genuine compliment to a stranger.	Offer to help someone carry their groceries to their car or assist an elderly person with their shopping.	Hold the door open for someone, showing a small act of courtesy and respect.																																																																																																		
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Clean out your closet and donate gently used clothes to a local shelter or charity.	Plant a tree or donate to organizations that plant trees. A single tree can have a big impact on the environment.	Bring in some homemade or store-bought treats for your coworkers as a surprise pick-me-up.	Write and send thank you cards to people who have made a positive impact on your life, no matter how small.	Spend a few minutes picking up litter in your neighborhood or at a park.	Donate gently used books to a local library, school, or community center.	The art of polishing mud? Check out our Dorodango RAKtivist toolkit. It's incredibly relaxing!																																																																																																		
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Smile at those you pass by, even if you don't know them.	Leave extra change in a vending machine for the next person to find, giving them a pleasant surprise.	Invite someone who may be lonely or new to the area to share a meal with you.	Choose to shop at a local business instead of a big chain.	Leave a positive comment or review for a business, artist, or author you appreciate.	Reach out to someone you haven't spoken to in a while with a simple text or call to say you're thinking of them.	Let someone go ahead of you in line, especially if they have fewer items or seem to be in a rush.																																																																																																		
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Leave birdseed or a bird feeder in your yard or a public park.	Become a RAKtivist: Small Acts, Big Impact!	Take time to listen to someone who needs to talk.	Hand out a single flower to someone as a random act of kindness.	Take a moment to sincerely thank a service worker, such as a cashier, waiter, or janitor, for their hard work.	Take a moment to practice self-compassion.	Drop off some pet food, toys, or blankets at a local animal shelter.																																																																																																		
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Buy a few extra non-perishable items during your grocery shopping and donate them to a local food bank.	If you drive through a toll, consider paying for the car behind you as well.	Volunteer Your Time: Even an hour of your time volunteering at a local charity or event can make a significant difference.																																																																																																						