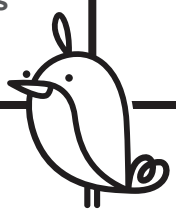
KINDNESS BINGO

Smiled at a stranger	Wrote a thank you note for the mail delivery person	Sent flowers to someone who needed cheering up	Offered a tissue to a person that needed it	Bought a meal for someone that did not have their wallet
Left a surprise gift for a friend	Stayed in my pajamas all day to read or watch my favorite movies	Baked treats for a neighbor	Gave money to a person in need	Made a personalized music playlist for a friend
Wrote a positive note to myself for inspiration	Put a surprise note in my child's or partner's lunch	**FREE SPACE**	Offered my phone to a stranger to make a needed call	Watered my neighbor's plants
Cleaned up a mess that wasn't mine	Shoveled snow from my neighbor's driveway	Shopped locally instead of at a big box store	Surprised a friend with a note of appreciation	Welcomed a newcomer to join my group
Cleaned up a hiking trail	Kept a gratitude journal	Put stray grocery carts where they belong	Unexpectedly replaced something that was broken	Used reusable water bottles

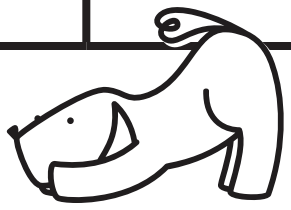


RANDOM ACTS OF KINDNESS
FOUNDATION

www.randomactsofkindness.org

KINDNESS BINGO

Took myself on a date	Bought a meal for someone that did not have their wallet	Unexpectedly replaced something that was broken	Treated myself to a massage	Invited someone who was eating alone to join me
Shopped locally instead of at a big box store	Used reusable water bottles	Made a personalized music playlist for a friend	Stayed in my pajamas all day to read or watch my favorite movies	Left a surprise gift for a friend
Shoveled snow from my neighbor's driveway	Welcomed a newcomer to join my group	**FREE SPACE**	Held open an elevator door	Cleaned up a mess that wasn't mine
Offered my phone to a stranger to make a needed call	Did someone else's chores	Baked treats for a neighbor	Put stray grocery carts where they belong	Wrote a positive note to myself for inspiration
Kept a gratitude journal	Cleaned up a hiking trail	Offered a tissue to a person that needed it	Sent flowers to someone who needed cheering up	Wrote a thank you note for the mail delivery person



RANDOM ACTS OF KINDNESS FOUNDATION

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CARD 2

KINDNESS BINGO

Wrote a positive note to myself for inspiration	Treated myself to a massage	Put a surprise note in my child's or partner's lunch	Cleaned up a mess that wasn't mine	Shopped locally instead of at a big box store
Used reusable water bottles	Baked treats for a neighbor	Kept a gratitude journal	Cooked a meal for someone just returning from the hospital	Bought a meal for someone that did not have their wallet
Stayed in my pajamas all day to read or watch my favorite movies	Held open an elevator door	FREE SPACE	Decided to say, 'yes' when someone was expecting a 'no'	Paid a toll for the car behind me
Watered my neighbor's plants	Offered my phone to a stranger to make a needed call	Unexpectedly replaced something that was broken	Took myself on a date	Did someone else's chores
Shoveled snow from my neighbor's driveway	Surprised a friend with a note of appreciation	Smiled at a stranger	Wrote a thank you note for the mail delivery person	Invited someone who was eating alone to join me

RANDOM ACTS OF KINDNESS
FOUNDATION

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KINDNESS BINGO

Sent flowers to someone who needed cheering up	Shoveled snow from my neighbor's driveway	Cooked a meal for someone just returning from the hospital	Kept a gratitude journal	Cleaned up a hiking trail
Wrote a positive note to myself for inspiration	Offered my phone to a stranger to make a needed call	Unexpectedly replaced something that was broken	Cleaned up a mess that wasn't mine	Gave money to a person in need
Shopped locally instead of at a big box store	Picked up litter	FREE SPACE	Bought a meal for someone that did not have their wallet	Surprised a friend with a note of appreciation
Welcomed a newcomer to join my group	Offered a tissue to a person that needed it	Decided to say, 'yes' when someone was expecting a 'no'	Watered my neighbor's plants	Took myself on a date
Gave a lottery ticket to a stranger	Treated myself to a massage	Did someone else's chores	Stayed in my pajamas all day to read or watch my favorite movies	Used reusable water bottles

RANDOM ACTS OF KINDNESS
FOUNDATION

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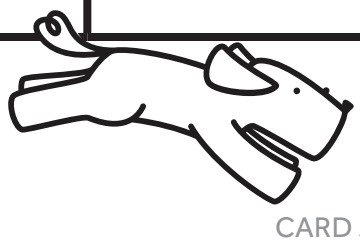
CARD 4

KINDNESS BINGO

Held open an elevator door	Gave money to a person in need	Stayed in my pajamas all day to read or watch my favorite movies	Kept a gratitude journal	Used reusable water bottles
Put stray grocery carts where they belong	Invited someone who was eating alone to join me	Sent flowers to someone who needed cheering up	Treated myself to a massage	Put a surprise note in my child's or partner's lunch
Surprised a friend with a note of appreciation	Cleaned up a hiking trail	FREE SPACE	Did someone else's chores	Gave a lottery ticket to a stranger
Cleaned up a mess that wasn't mine	Shopped locally instead of at a big box store	Wrote a positive note to myself for inspiration	Bought a meal for someone that did not have their wallet	Took myself on a date
Offered a tissue to a person that needed it	Shoveled snow from my neighbor's driveway	Cooked a meal for someone just returning from the hospital	Wrote a thank you note for the mail delivery person	Paid a toll for the car behind me



RANDOM ACTS OF KINDNESS
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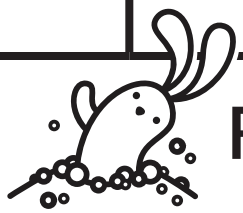
CARD 5

KINDNESS BINGO

Unexpectedly replaced something that was broken	Put a surprise note in my child's or partner's lunch	Stayed in my pajamas all day to read or watch my favorite movies	Shoveled snow from my neighbor's driveway	Took myself on a date
Invited someone who was eating alone to join me	Wrote a thank you note for the mail delivery person	Held open an elevator door	Picked up litter	Sent flowers to someone who needed cheering up
Bought a meal for someone that did not have their wallet	Shopped locally instead of at a big box store	**FREE SPACE**	Gave a lottery ticket to a stranger	Watered my neighbor's plants
Welcomed a newcomer to join my group	Wrote a positive note to myself for inspiration	Offered my phone to a stranger to make a needed call	Paid a toll for the car behind me	Put stray grocery carts where they belong
Offered a tissue to a person that needed it	Baked treats for a neighbor	Did someone else's chores	Made a personalized music playlist for a friend	Decided to say, 'yes' when someone was expecting a 'no'



RANDOM ACTS OF KINDNESS
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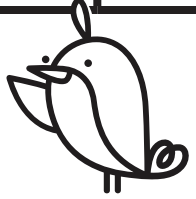
KINDNESS BINGO

Made a personalized music playlist for a friend	Wrote a thank you note for the mail delivery person	Unexpectedly replaced something that was broken	Did someone else's chores	Cooked a meal for someone just returning from the hospital
Treated myself to a massage	Gave money to a person in need	Held open an elevator door	Sent flowers to someone who needed cheering up	Baked treats for a neighbor
Welcomed a newcomer to join my group	Invited someone who was eating alone to join me	**FREE SPACE**	Took myself on a date	Wrote a positive note to myself for inspiration
Paid a toll for the car behind me	Surprised a friend with a note of appreciation	Decided to say, 'yes' when someone was expecting a 'no'	Picked up litter	Put a surprise note in my child's or partner's lunch
Bought a meal for someone that did not have their wallet	Put stray grocery carts where they belong	Cleaned up a mess that wasn't mine	Shoveled snow from my neighbor's driveway	Stayed in my pajamas all day to read or watch my favorite movies

RANDOM ACTS OF KINDNESS
FOUNDATION



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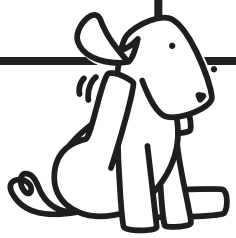
KINDNESS BINGO

Wrote a positive note to myself for inspiration	Put stray grocery carts where they belong	Shopped locally instead of at a big box store	Cooked a meal for someone just returning from the hospital	Sent flowers to someone who needed cheering up
Shoveled snow from my neighbor's driveway	Welcomed a newcomer to join my group	Kept a gratitude journal	Cleaned up a mess that wasn't mine	Offered my phone to a stranger to make a needed call
Watered my neighbor's plants	Wrote a thank you note for the mail delivery person	**FREE SPACE**	Held open an elevator door	Offered a tissue to a person that needed it
Took myself on a date	Bought a meal for someone that did not have their wallet	Smiled at a stranger	Surprised a friend with a note of appreciation	Decided to say, 'yes' when someone was expecting a 'no'
Gave a lottery ticket to a stranger	Stayed in my pajamas all day to read or watch my favorite movies	Invited someone who was eating alone to join me	Left a surprise gift for a friend	Gave money to a person in need



RANDOM ACTS OF KINDNESS
FOUNDATION

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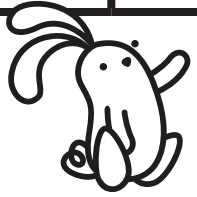
KINDNESS BINGO

Stayed in my pajamas all day to read or watch my favorite movies	Welcomed a newcomer to join my group	Unexpectedly replaced something that was broken	Bought a meal for someone that did not have their wallet	Baked treats for a neighbor
Used reusable water bottles	Offered a tissue to a person that needed it	Cleaned up a hiking trail	Shoveled snow from my neighbor's driveway	Cooked a meal for someone just returning from the hospital
Kept a gratitude journal	Gave a lottery ticket to a stranger	FREE SPACE	Decided to say, 'yes' when someone was expecting a 'no'	Cleaned up a mess that wasn't mine
Made a personalized music playlist for a friend	Wrote a positive note to myself for inspiration	Sent flowers to someone who needed cheering up	Left a surprise gift for a friend	Smiled at a stranger
Offered my phone to a stranger to make a needed call	Gave money to a person in need	Held open an elevator door	Shopped locally instead of at a big box store	Picked up litter



RANDOM ACTS OF KINDNESS
FOUNDATION

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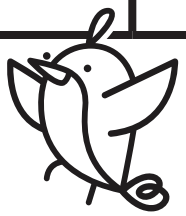
KINDNESS BINGO

Surprised a friend with a note of appreciation	Sent flowers to someone who needed cheering up	Kept a gratitude journal	Cooked a meal for someone just returning from the hospital	Held open an elevator door
Did someone else's chores	Cleaned up a mess that wasn't mine	Decided to say, 'yes' when someone was expecting a 'no'	Watered my neighbor's plants	Made a personalized music playlist for a friend
Left a surprise gift for a friend	Invited someone who was eating alone to join me	FREE SPACE	Unexpectedly replaced something that was broken	Welcomed a newcomer to join my group
Treated myself to a massage	Took myself on a date	Picked up litter	Bought a meal for someone that did not have their wallet	Shopped locally instead of at a big box store
Offered a tissue to a person that needed it	Used reusable water bottles	Baked treats for a neighbor	Offered my phone to a stranger to make a needed call	Wrote a thank you note for the mail delivery person



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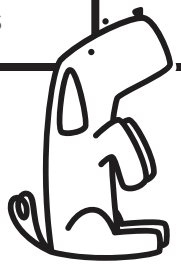
KINDNESS BINGO

Gave a lottery ticket to a stranger	Shopped locally instead of at a big box store	Cooked a meal for someone just returning from the hospital	Surprised a friend with a note of appreciation	Cleaned up a mess that wasn't mine
Watered my neighbor's plants	Held open an elevator door	Sent flowers to someone who needed cheering up	Left a surprise gift for a friend	Unexpectedly replaced something that was broken
Welcomed a newcomer to join my group	Smiled at a stranger	FREE SPACE	Picked up litter	Wrote a positive note to myself for inspiration
Offered a tissue to a person that needed it	Shoveled snow from my neighbor's driveway	Put a surprise note in my child's or partner's lunch	Cleaned up a hiking trail	Offered my phone to a stranger to make a needed call
Stayed in my pajamas all day to read or watch my favorite movies	Used reusable water bottles	Put stray grocery carts where they belong	Decided to say, 'yes' when someone was expecting a 'no'	Treated myself to a massage



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KINDNESS BINGO

Shoveled snow from my neighbor's driveway	Unexpectedly replaced something that was broken	Paid a toll for the car behind me	Used reusable water bottles	Stayed in my pajamas all day to read or watch my favorite movies
Put a surprise note in my child's or partner's lunch	Made a personalized music playlist for a friend	Decided to say, 'yes' when someone was expecting a 'no'	Held open an elevator door	Put stray grocery carts where they belong
Gave a lottery ticket to a stranger	Watered my neighbor's plants	**FREE SPACE**	Smiled at a stranger	Cleaned up a mess that wasn't mine
Wrote a positive note to myself for inspiration	Treated myself to a massage	Took myself on a date	Shopped locally instead of at a big box store	Wrote a thank you note for the mail delivery person
Cleaned up a hiking trail	Cooked a meal for someone just returning from the hospital	Kept a gratitude journal	Offered my phone to a stranger to make a needed call	Invited someone who was eating alone to join me

RANDOM ACTS OF KINDNESS
FOUNDATION

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KINDNESS BINGO

Shopped locally instead of at a big box store	Smiled at a stranger	Offered my phone to a stranger to make a needed call	Left a surprise gift for a friend	Did someone else's chores
Gave a lottery ticket to a stranger	Wrote a positive note to myself for inspiration	Cleaned up a mess that wasn't mine	Bought a meal for someone that did not have their wallet	Paid a toll for the car behind me
Took myself on a date	Surprised a friend with a note of appreciation	FREE SPACE	Watered my neighbor's plants	Treated myself to a massage
Decided to say, 'yes' when someone was expecting a 'no'	Offered a tissue to a person that needed it	Sent flowers to someone who needed cheering up	Unexpectedly replaced something that was broken	Kept a gratitude journal
Wrote a thank you note for the mail delivery person	Gave money to a person in need	Baked treats for a neighbor	Put stray grocery carts where they belong	Picked up litter

RANDOM ACTS OF KINDNESS
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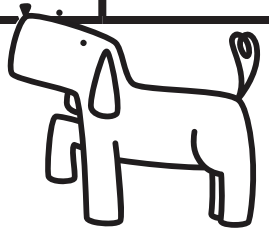

CARD 13

KINDNESS BINGO

Decided to say, 'yes' when someone was expecting a 'no'	Took myself on a date	Shoveled snow from my neighbor's driveway	Cleaned up a hiking trail	Paid a toll for the car behind me
Smiled at a stranger	Offered my phone to a stranger to make a needed call	Invited someone who was eating alone to join me	Picked up litter	Cooked a meal for someone just returning from the hospital
Baked treats for a neighbor	Left a surprise gift for a friend	FREE SPACE	Held open an elevator door	Did someone else's chores
Treated myself to a massage	Gave money to a person in need	Watered my neighbor's plants	Welcomed a newcomer to join my group	Surprised a friend with a note of appreciation
Kept a gratitude journal	Cleaned up a mess that wasn't mine	Used reusable water bottles	Put stray grocery carts where they belong	Made a personalized music playlist for a friend

RANDOM ACTS OF KINDNESS
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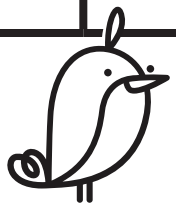
KINDNESS BINGO

Treated myself to a massage	Left a surprise gift for a friend	Wrote a positive note to myself for inspiration	Took myself on a date	Invited someone who was eating alone to join me
Welcomed a newcomer to join my group	Used reusable water bottles	Decided to say, 'yes' when someone was expecting a 'no'	Stayed in my pajamas all day to read or watch my favorite movies	Gave money to a person in need
Cleaned up a hiking trail	Made a personalized music playlist for a friend	FREE SPACE	Sent flowers to someone who needed cheering up	Offered a tissue to a person that needed it
Held open an elevator door	Surprised a friend with a note of appreciation	Baked treats for a neighbor	Offered my phone to a stranger to make a needed call	Unexpectedly replaced something that was broken
Shoveled snow from my neighbor's driveway	Did someone else's chores	Bought a meal for someone that did not have their wallet	Shopped locally instead of at a big box store	Watered my neighbor's plants



RANDOM ACTS OF KINDNESS
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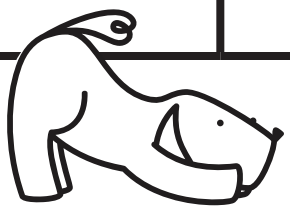
KINDNESS BINGO

Kept a gratitude journal	Baked treats for a neighbor	Used reusable water bottles	Put a surprise note in my child's or partner's lunch	Gave money to a person in need
Did someone else's chores	Offered my phone to a stranger to make a needed call	Bought a meal for someone that did not have their wallet	Shoveled snow from my neighbor's driveway	Paid a toll for the car behind me
Sent flowers to someone who needed cheering up	Treated myself to a massage	FREE SPACE	Unexpectedly replaced something that was broken	Decided to say, 'yes' when someone was expecting a 'no'
Gave a lottery ticket to a stranger	Wrote a thank you note for the mail delivery person	Offered a tissue to a person that needed it	Invited someone who was eating alone to join me	Cleaned up a hiking trail
Picked up litter	Put stray grocery carts where they belong	Cleaned up a mess that wasn't mine	Watered my neighbor's plants	Smiled at a stranger



RANDOM ACTS OF KINDNESS
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KINDNESS BINGO

Made a personalized music playlist for a friend	Shoveled snow from my neighbor's driveway	Sent flowers to someone who needed cheering up	Left a surprise gift for a friend	Gave a lottery ticket to a stranger
Paid a toll for the car behind me	Watered my neighbor's plants	Put a surprise note in my child's or partner's lunch	Offered a tissue to a person that needed it	Picked up litter
Took myself on a date	Bought a meal for someone that did not have their wallet	FREE SPACE	Decided to say, 'yes' when someone was expecting a 'no'	Held open an elevator door
Surprised a friend with a note of appreciation	Invited someone who was eating alone to join me	Stayed in my pajamas all day to read or watch my favorite movies	Treated myself to a massage	Cleaned up a hiking trail
Offered my phone to a stranger to make a needed call	Shopped locally instead of at a big box store	Cooked a meal for someone just returning from the hospital	Used reusable water bottles	Cleaned up a mess that wasn't mine

RANDOM ACTS OF KINDNESS
FOUNDATION

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KINDNESS BINGO

Paid a toll for the car behind me	Made a personalized music playlist for a friend	Baked treats for a neighbor	Smiled at a stranger	Treated myself to a massage
Watered my neighbor's plants	Invited someone who was eating alone to join me	Put stray grocery carts where they belong	Put a surprise note in my child's or partner's lunch	Offered a tissue to a person that needed it
Shopped locally instead of at a big box store	Gave a lottery ticket to a stranger	**FREE SPACE**	Kept a gratitude journal	Took myself on a date
Cooked a meal for someone just returning from the hospital	Bought a meal for someone that did not have their wallet	Sent flowers to someone who needed cheering up	Stayed in my pajamas all day to read or watch my favorite movies	Surprised a friend with a note of appreciation
Wrote a thank you note for the mail delivery person	Left a surprise gift for a friend	Unexpectedly replaced something that was broken	Wrote a positive note to myself for inspiration	Shoveled snow from my neighbor's driveway

RANDOM ACTS OF KINDNESS
FOUNDATION

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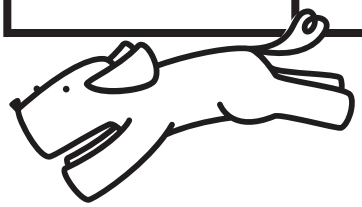
KINDNESS BINGO

Stayed in my pajamas all day to read or watch my favorite movies	Paid a toll for the car behind me	Unexpectedly replaced something that was broken	Invited someone who was eating alone to join me	Offered my phone to a stranger to make a needed call
Watered my neighbor's plants	Baked treats for a neighbor	Left a surprise gift for a friend	Gave money to a person in need	Cooked a meal for someone just returning from the hospital
Shopped locally instead of at a big box store	Offered a tissue to a person that needed it	FREE SPACE	Kept a gratitude journal	Made a personalized music playlist for a friend
Cleaned up a hiking trail	Took myself on a date	Did someone else's chores	Smiled at a stranger	Picked up litter
Shoveled snow from my neighbor's driveway	Gave a lottery ticket to a stranger	Wrote a positive note to myself for inspiration	Surprised a friend with a note of appreciation	Sent flowers to someone who needed cheering up



RANDOM ACTS OF KINDNESS
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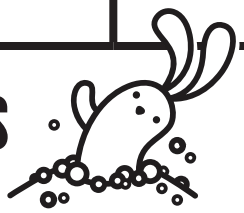
KINDNESS BINGO

Surprised a friend with a note of appreciation	Held open an elevator door	Smiled at a stranger	Left a surprise gift for a friend	Sent flowers to someone who needed cheering up
Gave money to a person in need	Cleaned up a mess that wasn't mine	Cooked a meal for someone just returning from the hospital	Watered my neighbor's plants	Baked treats for a neighbor
Welcomed a newcomer to join my group	Invited someone who was eating alone to join me	FREE SPACE	Paid a toll for the car behind me	Stayed in my pajamas all day to read or watch my favorite movies
Offered a tissue to a person that needed it	Shopped locally instead of at a big box store	Treated myself to a massage	Wrote a positive note to myself for inspiration	Put a surprise note in my child's or partner's lunch
Kept a gratitude journal	Gave a lottery ticket to a stranger	Cleaned up a hiking trail	Bought a meal for someone that did not have their wallet	Decided to say, 'yes' when someone was expecting a 'no'

RANDOM ACTS OF KINDNESS FOUNDATION



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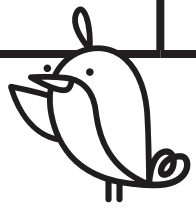
KINDNESS BINGO

Shopped locally instead of at a big box store	Welcomed a newcomer to join my group	Invited someone who was eating alone to join me	Cleaned up a mess that wasn't mine	Wrote a thank you note for the mail delivery person
Offered a tissue to a person that needed it	Kept a gratitude journal	Unexpectedly replaced something that was broken	Took myself on a date	Used reusable water bottles
Shoveled snow from my neighbor's driveway	Paid a toll for the car behind me	FREE SPACE	Surprised a friend with a note of appreciation	Put a surprise note in my child's or partner's lunch
Bought a meal for someone that did not have their wallet	Picked up litter	Put stray grocery carts where they belong	Smiled at a stranger	Sent flowers to someone who needed cheering up
Decided to say, 'yes' when someone was expecting a 'no'	Left a surprise gift for a friend	Cleaned up a hiking trail	Gave a lottery ticket to a stranger	Wrote a positive note to myself for inspiration



RANDOM ACTS OF KINDNESS
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KINDNESS BINGO

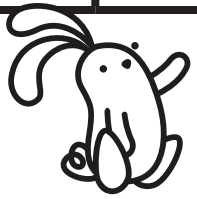
Watered my neighbor's plants	Kept a gratitude journal	Offered a tissue to a person that needed it	Did someone else's chores	Took myself on a date
Shopped locally instead of at a big box store	Welcomed a newcomer to join my group	Bought a meal for someone that did not have their wallet	Smiled at a stranger	Put a surprise note in my child's or partner's lunch
Paid a toll for the car behind me	Held open an elevator door	FREE SPACE	Left a surprise gift for a friend	Cooked a meal for someone just returning from the hospital
Baked treats for a neighbor	Made a personalized music playlist for a friend	Wrote a thank you note for the mail delivery person	Gave money to a person in need	Sent flowers to someone who needed cheering up
Treated myself to a massage	Wrote a positive note to myself for inspiration	Invited someone who was eating alone to join me	Picked up litter	Unexpectedly replaced something that was broken

RANDOM ACTS OF KINDNESS
FOUNDATION

www.randomactsofkindness.org

KINDNESS BINGO

Cleaned up a mess that wasn't mine	Treated myself to a massage	Unexpectedly replaced something that was broken	Took myself on a date	Used reusable water bottles
Stayed in my pajamas all day to read or watch my favorite movies	Paid a toll for the car behind me	Surprised a friend with a note of appreciation	Cooked a meal for someone just returning from the hospital	Cleaned up a hiking trail
Shopped locally instead of at a big box store	Left a surprise gift for a friend	FREE SPACE	Welcomed a newcomer to join my group	Gave a lottery ticket to a stranger
Held open an elevator door	Wrote a thank you note for the mail delivery person	Bought a meal for someone that did not have their wallet	Decided to say, 'yes' when someone was expecting a 'no'	Watered my neighbor's plants
Put stray grocery carts where they belong	Offered my phone to a stranger to make a needed call	Smiled at a stranger	Made a personalized music playlist for a friend	Wrote a positive note to myself for inspiration



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CARD 23

KINDNESS BINGO

Wrote a thank you note for the mail delivery person	Offered a tissue to a person that needed it	Wrote a positive note to myself for inspiration	Treated myself to a massage	Put stray grocery carts where they belong
Cleaned up a hiking trail	Kept a gratitude journal	Used reusable water bottles	Bought a meal for someone that did not have their wallet	Welcomed a newcomer to join my group
Took myself on a date	Shoveled snow from my neighbor's driveway	FREE SPACE	Left a surprise gift for a friend	Put a surprise note in my child's or partner's lunch
Made a personalized music playlist for a friend	Watered my neighbor's plants	Sent flowers to someone who needed cheering up	Unexpectedly replaced something that was broken	Stayed in my pajamas all day to read or watch my favorite movies
Gave money to a person in need	Picked up litter	Cleaned up a mess that wasn't mine	Baked treats for a neighbor	Offered my phone to a stranger to make a needed call

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CARD 24

KINDNESS BINGO

Treated myself to a massage	Watered my neighbor's plants	Invited someone who was eating alone to join me	Stayed in my pajamas all day to read or watch my favorite movies	Welcomed a newcomer to join my group
Decided to say, 'yes' when someone was expecting a 'no'	Offered my phone to a stranger to make a needed call	Picked up litter	Unexpectedly replaced something that was broken	Offered a tissue to a person that needed it
Cleaned up a mess that wasn't mine	Held open an elevator door	FREE SPACE	Put a surprise note in my child's or partner's lunch	Made a personalized music playlist for a friend
Bought a meal for someone that did not have their wallet	Put stray grocery carts where they belong	Gave a lottery ticket to a stranger	Baked treats for a neighbor	Took myself on a date
Wrote a positive note to myself for inspiration	Wrote a thank you note for the mail delivery person	Surprised a friend with a note of appreciation	Kept a gratitude journal	Cooked a meal for someone just returning from the hospital

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CARD 25

KINDNESS BINGO

Cleaned up a mess that wasn't mine	Unexpectedly replaced something that was broken	Did someone else's chores	Treated myself to a massage	Surprised a friend with a note of appreciation
Made a personalized music playlist for a friend	Bought a meal for someone that did not have their wallet	Shoveled snow from my neighbor's driveway	Gave money to a person in need	Stayed in my pajamas all day to read or watch my favorite movies
Welcomed a newcomer to join my group	Wrote a positive note to myself for inspiration	FREE SPACE	Offered my phone to a stranger to make a needed call	Took myself on a date
Watered my neighbor's plants	Cooked a meal for someone just returning from the hospital	Sent flowers to someone who needed cheering up	Shopped locally instead of at a big box store	Picked up litter
Decided to say, 'yes' when someone was expecting a 'no'	Paid a toll for the car behind me	Baked treats for a neighbor	Put stray grocery carts where they belong	Put a surprise note in my child's or partner's lunch

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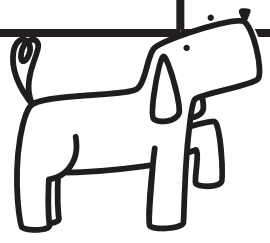
KINDNESS BINGO

Shopped locally instead of at a big box store	Made a personalized music playlist for a friend	Shoveled snow from my neighbor's driveway	Cleaned up a hiking trail	Kept a gratitude journal
Cooked a meal for someone just returning from the hospital	Smiled at a stranger	Invited someone who was eating alone to join me	Surprised a friend with a note of appreciation	Used reusable water bottles
Bought a meal for someone that did not have their wallet	Wrote a positive note to myself for inspiration	FREE SPACE	Cleaned up a mess that wasn't mine	Decided to say, 'yes' when someone was expecting a 'no'
Sent flowers to someone who needed cheering up	Welcomed a newcomer to join my group	Left a surprise gift for a friend	Watered my neighbor's plants	Offered a tissue to a person that needed it
Took myself on a date	Picked up litter	Did someone else's chores	Unexpectedly replaced something that was broken	Stayed in my pajamas all day to read or watch my favorite movies



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KINDNESS BINGO

Used reusable water bottles	Offered my phone to a stranger to make a needed call	Welcomed a newcomer to join my group	Bought a meal for someone that did not have their wallet	Took myself on a date
Unexpectedly replaced something that was broken	Cleaned up a mess that wasn't mine	Gave a lottery ticket to a stranger	Sent flowers to someone who needed cheering up	Gave money to a person in need
Shoveled snow from my neighbor's driveway	Wrote a thank you note for the mail delivery person	FREE SPACE	Invited someone who was eating alone to join me	Decided to say, 'yes' when someone was expecting a 'no'
Treated myself to a massage	Cleaned up a hiking trail	Put a surprise note in my child's or partner's lunch	Held open an elevator door	Made a personalized music playlist for a friend
Did someone else's chores	Offered a tissue to a person that needed it	Wrote a positive note to myself for inspiration	Put stray grocery carts where they belong	Left a surprise gift for a friend

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KINDNESS BINGO

Made a personalized music playlist for a friend	Baked treats for a neighbor	Shoveled snow from my neighbor's driveway	Kept a gratitude journal	Paid a toll for the car behind me
Bought a meal for someone that did not have their wallet	Treated myself to a massage	Left a surprise gift for a friend	Did someone else's chores	Offered my phone to a stranger to make a needed call
Put stray grocery carts where they belong	Surprised a friend with a note of appreciation	**FREE SPACE**	Took myself on a date	Sent flowers to someone who needed cheering up
Gave money to a person in need	Offered a tissue to a person that needed it	Gave a lottery ticket to a stranger	Cleaned up a hiking trail	Cleaned up a mess that wasn't mine
Welcomed a newcomer to join my group	Cooked a meal for someone just returning from the hospital	Wrote a positive note to myself for inspiration	Used reusable water bottles	Unexpectedly replaced something that was broken

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KINDNESS BINGO

Made a personalized music playlist for a friend	Baked treats for a neighbor	Shoveled snow from my neighbor's driveway	Kept a gratitude journal	Paid a toll for the car behind me
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Gave money to a person in need	Offered a tissue to a person that needed it	Gave a lottery ticket to a stranger	Cleaned up a hiking trail	Cleaned up a mess that wasn't mine
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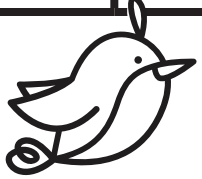

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