Neonatal Advanced Life Support (NALS)

With nearly half of U.S. counties experiencing maternity care deserts or low access to maternity care, expanding neonatal resuscitation education inside and outside of the hospital is more critical than ever.

To address this need, the American Red Cross has collaborated with the Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN) to develop a new and innovative option for neonatal resuscitation training. The new blended learning Neonatal Advanced Life Support (NALS) courses will help expand both the reach and access to scientifically validated training across the healthcare continuum.

Whether you're awaiting assistance from an advanced resuscitation team or providing comprehensive end-to-end care, our goal is to equip all healthcare professionals involved in neonatal care with the essential knowledge and skills to optimize newborn outcomes.

Neonatal Advanced Life Support (NALS) Training
Advancing Resuscitation Education for Better Outcomes

Unmatched Science

The cornerstone of the NALS courses is grounded on evidence-based practices and aligns with the Consensus on Science with Treatment Recommendations (CoSTR) of the International Liaison Committee on Resuscitation (ILCOR), the Red Cross Neonatal Advanced Life Support Healthcare Guidelines as developed by the Red Cross Scientific Advisory Council and is consistent with the recommendations of the American Heart Association (AHA) and the American Academy of Pediatrics (AAP). Incorporating five high-reliability principles throughout the curriculum enhances performance, promoting flawless execution in any setting.

In adherence with the Red Cross Resuscitation Suite™, these courses go beyond a resuscitation focus and include additional neonatal education such as neonatal sepsis and congenital heart disease. Electronic support tools including quick reference materials and sample checklists are provided to further supplement learning.

Fundamental and Innovative eLearning Methods

The **NALS Foundations** course, utilizing a traditional eLearning model, provides a solid understanding of foundational concepts in neonatal resuscitation.

The **NALS Comprehensive** course focuses on a full spectrum of neonatal resuscitation techniques and protocols and incorporates adaptive learning. This unique approach enables students to start with a pre-assessment which personalizes the curriculum to their skill level and helps reduce training time and enhance mastery.

Additionally, realistic case scenarios challenge critical thinking and decision-making skills. These cases involve patient assessment, data analysis and next-step determination, bridging the gap between theory and practice for deeper, more meaningful learning.

Broadened Reach

Committed to improving newborn care, our new NALS courses provide healthcare professionals serving in hospitals, birthing centers, emergency medical services (EMS) and beyond with critical lifesaving skills. The NALS program also has been developed with a separate out-of-hospital track to better tailor the learning to those that need to care for newborns outside of the hospital.

Available Early 2025

Improve skill competency and patient outcomes. For more information, visit:

redcross.org/healthcare

American Red Cross
Training Services