



Dealing with the moment: Anti-racism in community sport

Key terms

Active bystander

An active bystander is someone who not only witnesses a situation but takes action to intervene or keep a situation from escalating. For this course, we distinguish it from a bystander who is present and witnesses a situation but takes no action.

Ally

An ally is someone who actively recognises and addresses racial inequality and commits to taking action against it. Being an ally is not about charity or generosity - it's about being aware of inequality, calling it out - and standing shoulder-to-shoulder with those who are working for equity and justice.

Cultural safety

An environment is considered culturally safe when each person's cultural identity is valued (and never under threat). In other words, when everyone in your club feels a sense of acceptance, community and belonging.

First responder

For the purpose of this course, a first responder is anyone who has witnessed an incident of racism and is among the first group of individuals to intervene.

Microaggression

Microaggressions are casual comments and expressions that perpetuate racist stereotypes and ideas. They are not always visible. Those who directly experience racism are typically more aware of them. Examples include commenting on how well a person of African heritage speaks English or repeatedly mispronouncing someone's name despite being corrected.

Perpetrator

For the purpose of this course, the term perpetrator refers to the individual who made the racist comment.

Psychological safety

An environment is considered psychologically safe when all stakeholders feel like they can speak up, share ideas, ask questions and make mistakes without fear of humiliation or retribution.

Racial vilification

Racial vilification is when someone treats someone else unfairly, including bullying, physical or verbal abuse because of their race, skin colour, ancestry, nationality or ethnic background.

